



Spirotrac 6

MODEL 7000



Instructions for Use

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1. Intended Use /Indications for Use

The Vitalograph Spirotrac Model 7000 is a PC-based software application intended to be used as a spirometer or connect to compatible Vitalograph or third party devices to acquire, view, store and print the device output. The product is designed for use on adults and paediatrics, 5 years and older, in a variety of professional healthcare environments, e.g. primary care, hospitals and occupational health centres under the supervision of a healthcare provider.

2. Contraindications, Adverse Reactions, Warnings and Precautions

2.1. Contraindications and Adverse Reactions

Contraindications

The decision to conduct pulmonary function testing is determined by the ordering healthcare professional on the basis of their evaluation of the risks i.e., subject fatigue, and the benefits of pulmonary function testing for the particular patient. Caution should be used for patients prone to fatigue.

Adverse Reactions

Subject fatigue may occur during spirometry testing depending on the subject's characteristics e.g., age, health status. For safety reasons, testing should be preferably done in the sitting position, using a chair with arms and without wheels. Subject may also take a break between tests.

2.2. Warnings and Precautions

1. No modification of this equipment is allowed. Any unauthorised changes to the Vitalograph device may compromise product safety and/or data and as such Vitalograph cannot be held responsible and the device will no longer be supported.
2. The Vitalograph device is not designed as a sterile device. Always follow the safety guidelines given by the manufacturer of cleaning and disinfectant chemicals.
3. For the device to be used as intended, there is no requirement to clean the supporting computer. If cleaning is required to remove any visible soiling, this should be done as per the computer manufacturer's instructions.
4. Vitalograph intends that a new Bacterial Viral Filter (BVF™) be used for every subject to prevent cross contamination. Using a new BVF provides a significant level of protection of the subject, the device and the user against cross contamination during spirometry manoeuvres. A BVF is for single use only.
5. Spirometry may support or exclude diagnosis, but it cannot make one. Spirometry is a valuable tool that provides important information to clinicians which is used together with other physical findings, symptoms, and history to reach a diagnosis (ATS/ERS 2019).
6. When using the Vitalograph device ensure that the flowhead connecting tube is not pinched or trapped as spirometry results may appear to be inverted.
7. Take care not to block the mouthpiece with tongue or teeth during testing. A 'spitting' action or cough will give false readings.
8. All values displayed are expressed as BTPS values.
9. Time zero is determined using the back-extrapolated method, from the steepest part of the curve.
10. All spirometry standards recommend checking the calibration of lung function measuring devices daily with a 3-L syringe to validate that the instrument is measuring accurately. Vitalograph Spirotrac should never be outside calibration limits. Calibration should be checked after cleaning or disassembling the spirometer for any reason, after adjusting calibration, or if the flowhead or device has been dropped.
11. Service and repairs should be carried out only by the manufacturer or by Service Agents specifically approved by Vitalograph.
12. Maintenance must not be performed while the device is in use by a subject.
13. Use of accessories and cables other than those specified or provided by Vitalograph for this equipment could result in increased electromagnetic emissions or decreased electromagnetic immunity of the device and result in improper operation.
14. Non-medical equipment must be kept outside the subject environment i.e., any area in which intentional or unintentional contact between the subject and parts of the system, or some other persons touching part of the system, can occur.
15. The applied part is the flowhead. This along with the BVF, are the contact points for the subject during a spirometry session. There are no adverse effects if the subject comes into contact with any other part of the device.
16. The Vitalograph Spirotac Model 7000 is intended for use in a variety of professional healthcare environments, e.g. primary care, hospital wards and occupational health centres, except for near active high frequency surgical equipment and the RF shielded room of an ME system for magnetic resonance imaging, where the intensity of electromagnetic disturbance is high. The customer or the user of Spirotrac should assure that it is not used in such an environment.
17. In relation to the SNIP Nasal Probe, the risk of strangulation exists with the tubing although unlikely due to the length. A medical professional should be present at all times during testing.

3. Main Components of the Vitalograph Spirotrac

The main components are:

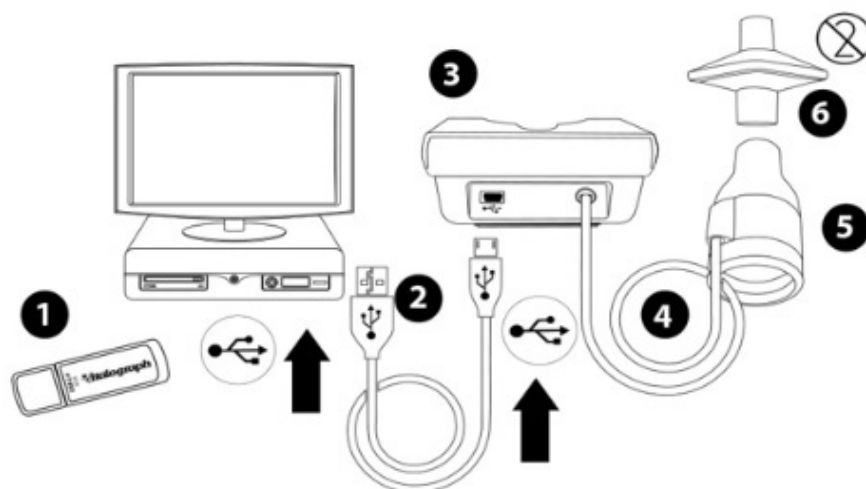


Figure 1 Main components of Vitalograph Spirometry system

Note: Computer not supplied. Device maybe different depending on testing requirements

Note: Both the Vitalograph Compact and Pneumotrac utilize Spirotrac software. All instructions in this IFU for the Pneumotrac device apply also to the Compact device.

1	USB Flash Drive containing Spirotrac, Utilities and manuals
2	USB Cable
3	Pneumotrac Base
4	Flowhead Connection Tubing
5	Flowhead
6	Bacterial Viral Filter (BVF)

3.1. Features of Vitalograph Spirotrac

The features are:

- Spirometry test types
 - VC (base and post)
 - FVC (base and post)
 - Challenge Testing (Mannitol and Methacholine Protocols)
- ECG measurement
- Respiratory Muscle Strength test types
 - MIP
 - MEP
 - SNIP
 - PCF
 - MVV
- Oscillometry
- FeNO
- Configurable trend of results including tabular data with export option for either best measured values or %predicted
- ATS/ERS 2019 test quality information, including test session grades, test repeatability and test acceptability
- ATS/ERS 2021 Bronchodilator Response for post testing
- ATS/ERS 2021 Interpretative strategies algorithm
- Ability to change designation of tests from base to post and vice versa
- Audit Trail
- Configurable Subject Demographics
- Configurable report templates including batch printing
- Animated Incentives
- EMR systems integration via HL7 ,FHIR and GDT using Vitalograph Connect including return of one single report

- In-App software updates including the ability to disable notifications
- Integration with ArtiQ services
- Integration with Active Directory
- Download results from Vitalograph In2itive device
- Download results from Vitalograph Alpha device
- Database Management – including backup and restore functions and ability to configure current database and automatic backup location for local databases only
- Manual Entry of SpO2 values
- Correct the subject demographics of historic assessments
- Race neutral predicted set (GLI Global)
- Export Spirometry data in the following formats: Niosh, ATS2019
- Evita Guide
- Evita Evaluation
- In-App tracker for Consumables
- Password expiry option
- Configurable challenge settings including option to create a user defined protocol
- Facility to easily collect log files needed for sending to Technical support
- Easy access to Training module
- Easy navigation from one session to the next during testing
- Ability to configure preferred pre-defined comments for easier selection during testing
- Ability to hide rejected tests on report
- Ability to preview report and easily edit comments before printing

3.2. Compatible Devices

- Pneumotrac
- Pneumotrac RMS
- BT-12 ECG
- Alpha
- In2itive
- Tremoflo C-100
- Niox Vero
- Norav BT ECG device

4. Setting Up Vitalograph Spirotrac

4.1. Installing Spirotrac on a PC

Note: Spirotrac must be installed by a user with Administrative privileges on the PC refer to Technical Spec for minimum PC requirements.

To install Spirotrac for use with local databases only, go to [4.1.1](#).

To install Spirotrac for use with a network database:

Step 1- **On Database Host** (Server hosting the Spirotrac database) Install SQL as follows:

- a. Insert USB Flash Drive containing Spirotrac
- b. Browse media contents via File Explorer/This PC and run Setup.
- c. Select Install SQL Server
- d. Select Install SQL on this network server for use with Spirotrac clients, select CONTINUE
- e. Follow the onscreen instructions

Step 2- **On Client PC** (PC which will be running Spirotrac) Install Database Studio for creating the Spirotrac database

Note: Alternatively, Database Studio can be installed on the Database Host to do this step.

After successful completion of MS SQL Server installation on the Database Host, go to client PC:

- a. Insert USB Flash Drive containing Spirotrac
- b. Browse media contents via File Explorer/This PC and run Setup.
- c. Select Install Database Studio and follow the on screen instructions
- d. Launch Database Studio and create the Spirotrac database (ref [11.3.1](#) for steps)

Step 3 - **On Client PC** (PC which will be running Spirotrac) Install Spirotrac (ref [4.1.1](#))

4.1.1. To install Spirotrac:

1. Insert USB Flash Drive containing Spirotrac into PC.
2. Browse media contents via File Explorer/This PC and run Setup.
3. Follow onscreen instructions. For first time installation, some pre-requisites (e.g. SQL Server) will install. (This may require a restart)
4. During installation you will be prompted to indicate your Database Preference:
 - a. Select Use Spirotrac with local databases where only local databases will be used with Spirotrac. This will install SQL server on the client PC
 - b. Select Use Spirotrac with network databases only where no local database will be required. This will not install SQL server on the client PC

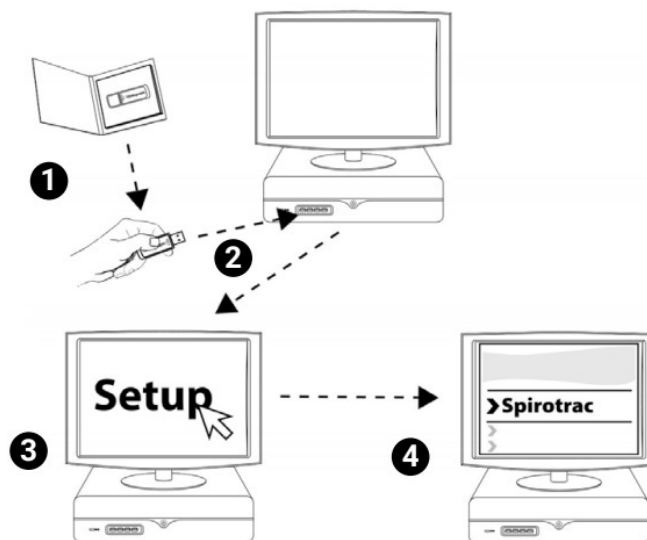


Figure 2: Setting up Spirotrac

4.2. Starting Spirotrac

Double-click the Spirotrac 6 application shortcut  on the desktop or select Spirotrac 6 from the Start menu.






















4.2.1. Setup

1. When starting Spirotrac for the first time, you must choose a database. To select a different database in the future, refer to [Section 9.7](#)
2. For use with a local database, select Default Database.
3. For use with a network database:
 - Note:** Consult your SQL Server Database Administrator before setup.
 - a. The network database must already be setup and made available for Spirotrac to use, refer to [Section 11.3.1](#) to create database.
 - b. When network database is available, Select Custom Database.
 - c. Select and enter network server and database connection details. Note: Consult the SQL Server Database Administrator for settings.
4. Enter Site information and setup your Administrator user. This account will later be used to setup other Spirotrac users, refer to [Section 9.5](#).
5. After Login, the main dashboard displays.
6. Training Access: Device training materials can be accessed from Spirotrac. Navigate to Help -> Device Training.






















5. Operating Instructions

5.1. Buttons and Icons used in Vitalograph Spirotrac

Spirotrac buttons/icons

Icon	Description
	Home
	Settings
	Report Templates e.g., configure the content reported on the FVC Base Report, or configure the batch of sessions to be included in the report
	Access to Logs e.g., Audit Log, Device Calibration Logs
	Instructions for Use (IFU)
	About Box and Session Information
	Lock
	Log Off
	Exit
	Activate Software License
	Search e.g., Subject Search
	Create/Add e.g., create a subject or create new database
	Edit e.g., edit subject
	Notes/Comments e.g., View or Subject Notes, View or Add Session Notes/Comments
	Trend e.g., View and configure Subject Trend
	Test Exit
	Print
	Filter e.g., filter the tests displayed on the graph
	Enlarge
	Record ECG trace
	Stop ECG trace

EN

	Vital Capacity
	Forced Vital Capacity
	Challenge Testing
	Peak Cough Flow
	Electrocardiogram
	Maximal Inspiratory Pressure
	Maximal Expiratory Pressure
	Sniff Nasal Inspiratory Pressure
	MVV Testing
	Oscillometry
	Pulse Oximetry
	FeNO
	In2itive/Alpha Integration
	Quality parameters in FVC assessment: FET, BEV, FEV/FVC, Text, tRise, tHes, EOTV
	Displays the details of the corresponding field while pressed e.g., password
	ArtiQ Dashboard
	Evita - Expert Virtual InTeractive Assistant
	Change designation of test from Base to Post and vice versa
	Post Drug Information
	Delete Tests
	New Session

5.2. Main Dashboard


The main functions from the dashboard:

Function	Description
Home	Return to main dashboard
EVITA Guide	Access to Expert Virtual InTeractive Assistant where up-to-date guidelines can be viewed
Settings	Access settings area of Spirotrac
Reports	Access and configure report settings
Upload/Download	Access to upload subject(s) to Alpha/In2itive device and download subject/session(s) from Alpha/In2itive device
Logs	Access to audit trail and calibration log
Help	View IFU and other user manuals
About	View software information and contact details
Lock	Lock the application via Exit/Lock
Log Off	Log off from the application via Exit/Lock
Exit	Shut down the application via Exit/Lock
License	Allows registration of software to unlock all features


5.3. Subject Management

Note: Subject search/add is disabled in EMR restricted mode (when Spirotrac application is launched with runtime parameter of: `--emr`)

5.3.1. Searching for Subjects


1. On main dashboard, select Search icon  from the toolbar (at top of screen).
2. In Find Subject field, type in subject name or subject ID. To search by additional fields, select the Advanced button.
3. A list of subjects who match the search criteria will display.
4. Double-click the required subject from the list. The subject is now active.

5.3.2. Creating Subjects

1. On main dashboard, select Create icon  from the toolbar.
2. Enter subject details. Required subject attributes can be set in Subject Settings, refer to [Section 9.1](#)
Note: if spirometry predicted values are required then the following attributes must be set:
 - a. Date of Birth
 - b. Height
 - c. Sex at Birth
 - d. Population Group
3. Select Save. The subject is now saved to the database and is active.
4. To create a new subject, the Subject ID is mandatory. Subject ID can be generated automatically by the software or entered manually. Swedish and Norwegian ID formats are supported in the software. To choose your preferred Subject ID option, refer to [Section 9.1](#).



5.3.3. Editing Subjects

An active subject may be edited.

1. Select a subject, refer to [Section 5.3.1](#)
2. Select Edit icon .
3. Modify the relevant detail.
4. Select Save.



5.3.4. Subject Notes

Notes may be added to an active subject.

1. Select a subject, refer to [Section 5.3.1](#)
2. Select Notes icon .
3. Select Create icon .
4. Enter note text in the note field.
5. If enabled, an attachment may be added with the note, refer to [Section 9.1](#)
6. Select Save.
7. Previously saved notes may be edited and/or deleted: Select the note and select Create or Delete button. Follow the on-screen instructions.

5.3.5. Subject Trend

Trending of results can be displayed and printed for an active subject.

1. Select a subject, refer to [Section 5.3.1](#)
2. Select Trend icon .
3. A trend view of subject's results displays, including both a graph and tabular view.
4. Select Edit button to configure the trend. The following are configurable: Parameters, Date Range and Trend by Measured (best values) or % Predicted.
5. Select Export icon  on the Table tab to export the trend results to csv.
6. To exit Trending, click outside the Subject Trend window.

Note: To unlock this feature, please register your software, refer to [Section 11.4](#)


5.3.6. Editing Session Demographics

Historical session demographics can be corrected.

1. Select to edit a subject, refer to [Section 5.3.3](#)
2. Modify the relevant information, if required.
3. Select Apply these changes to Previous Assessments and click Save.
4. Find the required assessment and select Update.
5. Select the field(s) to be updated and select Save.
6. When all required assessments have been updated, Select Finish.

5.3.7. Deleting Subjects

A subject and all associated data may be deleted from the database.

1. Select a subject, refer to [Section 5.3.1](#)
2. Select Edit icon .
3. Select Delete Subject.
4. , Select OK to confirm and enter user credentials to complete the deletion of the selected subject.

Note: Deleting information is permanent and cannot be retrieved.

5.3.8. Exporting Subject and Session data and/or Batch printing session data

Spirotrac provides the facility to export subject and session data into csv file formats. Both Niosh and ATS/ERS file formats are supported.

For reports, both Niosh and Vitalograph report formats are supported.

1. Select a subject, refer to [Section 5.3.1](#)
2. Select Export icon.
3. Select the required format the data should be exported to. Options available are:
 - a. Vitalograph – the option allows printing and/or exporting the sessions report, as per user configuration in [Section 10.2](#)
 - b. ATS 2019 – the option allows data export only
 - c. Niosh – this option allows data and/or report export
4. Review and change the export location if required.
5. Find and select the required assessment(s) and select Export.
 - a. Additional options of Print or Export & Print shall be available for Vitalograph format only. .

Note: You will be prompted to indicate whether or not PII (Personal Identifying Information) should be included in the exported csv data file. Note: The subject information shall be included in the report regardless.

6. When data export is complete, the export folder location shall open.

5.3.9. De-selecting the current Subject

To de-select the current subject and return to the main dashboard:

1. Select Deselect Subject from under the subject number.
2. You will be prompted to confirm,
 - a. select Yes to continue select No to cancel. The subject will remain the active subject.

6. Testing using Spirotrac

6.1. Spirometry Testing

Spirotrac supports the following test types:




- VC Test (base and post)
- FVC Test (base and post)
- PCF Test


Before starting a test session:




1. Connect the Vitalograph spirometer device correctly, see relevant device IFU.
2. Ensure that device calibration was checked recently, refer to [Section 8.1.1](#)
3. Wash hands (operator and subject).
4. For optimal protection fit a new Bacterial Viral Filter (BVF) to the flowhead for each test subject. The use of a disposable noseclip is recommended.
5. Instruct and demonstrate the test.

6.1.1. Conducting a Spirometry Test

Subject may be tested in either a sitting or standing position. If the standing position is used, an appropriately shaped chair should be placed behind the subject so they can quickly and easily move into a seated position if they become light-headed during manoeuvres.

1. Select a subject and ensure the required demographic information is entered:
 - a. To select a subject, refer to [Section 5.3.1](#)
 - b. To view subject demographics, select *VIEW PROFILE*.
 - c. To edit subject demographics, select *Edit* icon.
2. Choose *Select Test*.
3. Choose test type. For Post testing, select a baseline test to map against when prompted. For Post FVC, enter drug information and delivery time when prompted. Alternatively, use the Post button from within the baseline VC or FVC test screen to create a new Post session.
4. If first time use, select your spirometry device from the list of detected devices shown by Spirotrac. Refer to [Section 7.2](#) for switching device.
5. Test screen opens. Choose *Select Test*.
6. Carefully instruct and coach the subject. Commence test when *Blow Now* icon appears .
 - a. Refer to [Section 6.1.1.1](#) for VC guidelines.
 - b. Refer to [Section 6.1.1.2](#) for FVC guidelines.
 - c. Refer to [Section 6.1.9](#) for PCF guidelines.
7. Test automatically ends when the software detects no flow for 3 seconds. To end the test manually select Test End icon  or spacebar.
 - a. *Note:* To disable this automatic end of test for FVC and VC sessions, refer to [Section 9.2.1](#) and [9.2.2](#)
8. Review test quality information where applicable and choose the appropriate action.
 - a. For FVC tests, select *Edit*  to change the acceptability associated with FEV1 and FVC values as required. This can also be changed at any time from the quality tab.

Note: *Rejecting the Test Acceptability will automatically reject the acceptability associated with FEV1 and FVC values, but they can be changed again at any time from the quality tab.*
 - b. Select 'Delete'  to remove a test from the session. Only individual tests can be deleted.

Note: *Deleting information is permanent and cannot be retrieved.*
9. If further tests are required in this session, repeat steps 6 – 9 (refer to [Section 2](#) re Subject Fatigue).
10. Test results in the session are available in the information panel. Other information includes:
 - a. Session quality: a summary of test quality for each test in the session to date. Refer to [Section 6.1.3](#)
 - b. Analysis: includes repeatability and reference information depending on the test type and settings. For test settings refer to [Section 6.1.4](#).
11. Test graphs in the session are available in the graph panel. To filter graph tests, refer to [Section 6.1.6](#)
12. To attach session notes/comments to the current session. Refer to [Section 6.6](#)
13. To select the posture or to indicate whether a noseclip was used, select edit  in test screen header.
 - a. Select a option via drop down and select the save button.
14. To end test session, select test exit icon. Alternatively, use the 'New Session' button to close the current test session and proceed to the next test session required for this subject.
 - a. To print a report of the session, select *Exit & Print* when prompted.
15. Click on the , to Navigate to Post VC session from Base VC session
16. Click on the , to Navigate to Post FVC session from Base FVC session

6.1.1.1. Instructions for Performing a VC Test

Multi-breath testing:

1. Sit upright, fit nose clip and relax.
2. Place BVF in mouth.
3. Seal lips around the mouthpiece and keep tongue down.
4. Breathe normally- until the end-expiratory lung volume is stable. Stability is defined as having at least three tidal breaths with end expiratory lung volume within 15% of the tidal volume (A notification displays when this is achieved).
5. Inhale completely with a brief pause when lungs are completely full (≤ 2 secs)*.
6. Exhale in a relaxed manner with no hesitation until no more air can be expelled while maintaining an upright posture. It is vital that the operator encourages the subject to keep exhaling to ensure all air is expelled (when a plateau has been reached or expiration time reaches 15 seconds*).
7. A notification message shall be displayed when a satisfactory expiratory flow plateau has been achieved or expiration time > 15 seconds, inhale maximally and then return to normal breathing.
8. The manoeuvre is now complete. Remove BVF from the mouth.
9. The operator should repeat instructions as necessary, coaching vigorously.
10. Repeat for a minimum of three manoeuvres and usually no more than eight for adults.
11. Check VC repeatability and perform more manoeuvres as necessary.

Note: A single-breath VC technique may also be performed on the device.

*ATS/ERS 2019 recommendations.

6.1.1.2. Instructions for Performing an FVC Test

Multi-breath test:

1. Sit upright, fit noseclip and relax.
2. Place BVF in mouth.
3. Seal lips around the mouthpiece and keep tongue down.
4. Breathe normally.
5. Inhale completely and rapidly with a brief pause when lungs are completely full (≤ 2 secs*).
6. Exhale with maximal effort until no more air can be expelled while maintaining an upright posture. It is vital that the operator encourages the subject to keep exhaling to ensure all air is expelled (when a plateau has been reached or forced expiratory time (FET) reaches 15 seconds*).
7. Breathe in with maximal effort until completely full. The manoeuvre is now complete. Remove BVF from the mouth.
8. The operator should repeat instructions as necessary, coaching vigorously.
9. Repeat for a minimum of three manoeuvres, usually no more than eight for adults.
10. Check FEV1 and FVC repeatability and perform more manoeuvres as necessary.

Note A single-breath FVC technique may also be performed on the device.

*ATS/ERS 2019 recommendations.

6.1.2. Test Parameters

Each spirometry test type will have associated test parameters. To set parameters, refer to [Section 9.2](#)

6.1.2.1. VC Parameters

Parameter	Unit	Description
VC	L	Vital capacity
EVC	L	Expiratory vital capacity. The maximum/highest volume achieved over the expiratory cycle. If the EVC is greater than the VC, the VC will equate to EVC.
IVC	L	Inspiratory vital capacity. The maximum/highest volume achieved over the inspiratory cycle. If the IVC is greater than the VC, the VC will equate to IVC.
TV	L	Tidal volume. The volume of gas which is inspired or expired during a respiratory cycle. The average value of the last three tidal breaths is used.
IC	L	Inspiratory capacity. The maximal volume that can be inspired from functional residual capacity.
ERV	L	Expiratory reserve volume. The volume that can be maximally expired from the level of the functional residual capacity.
TLC	L	Total lung capacity. The volume of gas in the lung at the end of a full inspiration.
RV	L	Residual volume. The volume of gas remaining in the lung at the end of a full expiration.
FRC	L	Functional residual capacity. The volume of gas present in the lung and airways at the average end-expiratory level.

6.1.2.2. FVC Parameters

Parameter	Unit	Description
FVC	L	Forced vital capacity. The maximum/highest volume achieved over the expiratory cycle.
FEV1	L	Expiratory volume achieved after one second taking the Time Zero parameter (TExt) into consideration. It is the volume achieved after Time Zero plus one second.
FEV1/VC	ratio	FEV1 divided by the best VC from the visit expressed as a ratio.
FEV1/FVC	ratio	FEV1 divided by FVC and expressed as a ratio.
FEV1/FVC	%	FEV1 divided by FVC and expressed as a percentage to two decimal places
FET	s	Forced expiratory time, calculated as (Test Duration – TExt).
PEF	L/min	Peak expiratory flow. The maximum/highest flow achieved over the expiratory cycle.
FEF25-75	L/s	Average expiratory flow over the middle half of the FVC between 25% and 75% of FVC.

FEV6	L	Expiratory volume achieved after six seconds taking the Time Zero parameter (TExt) into consideration. It is the volume achieved after Time Zero plus six seconds.
FEV1/ FEV6	ratio	FEV1 divided by FEV6 and expressed as a ratio.
FEV1 Ratio	N/a	FEV1 divided by the largest VC from either the VC or FVC manoeuvre and expressed as a ratio.
PEF	L/s	Peak expiratory flow. The maximum/highest flow achieved over the expiratory cycle. Expressed in L/s.
PEF	L/min	Peak expiratory flow. The maximum/highest flow achieved over the expiratory cycle. Expressed in L/min.
FIVC	L	Forced inspiratory volume. The maximum/highest volume achieved over the inspiratory cycle.
PIF	L/s	Peak inspiratory flow. The maximum/highest flow achieved over the inspiratory cycle. Expressed in L/s.
PIF	L/min	Peak inspiratory flow. The maximum/highest flow achieved over the inspiratory cycle. Expressed in L/min.
TV	L	Tidal volume. The average volume during tidal breathing. It is calculated from the tidal breaths before the IC cycle. An average of up to a maximum of 3 tidal volumes is used.
IRV	L	The maximal volume that can be inspired from the mean end inspiratory level. It is calculated as (IC - TV).
ERV	L	The volume that can be maximally expired from the level of the functional residual capacity. It is calculated as the Highest (FVC or FIVC) - IC.
IC	L	Inspiratory capacity. The maximal volume that can be inspired from functional residual capacity. It is calculated as the volume from the average tidal line to the bottom of the IC cycle.
FEV3	L	The expiratory volume achieved after 3 seconds taking the Time Zero parameter (TExt) into consideration. It is the volume achieved after Time Zero plus three seconds.

FEV0.5	L	The expiratory volume achieved after 0.5 seconds taking the Time Zero parameter (TExt) into consideration. It is the volume achieved after Time Zero plus half a second.
FEV0.75	L	The expiratory volume achieved after 0.75 seconds taking the Time Zero parameter (TExt) into consideration. It is the volume achieved after Time Zero plus three-quarters of one second.
FEV0.5/FVC	ratio	FEV0.5 divided by FVC and expressed as a ratio.
FEV0.75/FVC	ratio	FEV0.75 divided by FVC and expressed as a ratio.
FEV3/FVC	ratio	FEV3 divided by FVC and expressed as a ratio.
FEV6/FVC	ratio	FEV6 divided by FVC and expressed as a ratio.
FEF0.2-1.2	L/s	The mean forced expiratory flow in the volume interval between 0.2 L and 1.2 L of the test.
FEF25-75/ FVC	ratio	FEF25-75 divided by FVC and expressed as a ratio.
FEF75-85	L/s	The average forced expiratory flow in the time interval between 75% and 85% of the FVC.
FIVC/FVC	ratio	FIVC divided by FVC and expressed as a ratio.
FEF25	L/s	The forced expiratory flow at 25% of FVC.
FEF50	L/s	The forced expiratory flow at 50% of FVC.
FEF75	L/s	The forced expiratory flow at 75% of FVC.
FIF25	L/s	The forced inspiratory flow at 25% of FVC or FIVC (whichever is greater).
FIF50	L/s	The forced inspiratory flow at 50% of FVC or FIVC (whichever is greater).
FIF75	L/s	The forced inspiratory flow at 75% of FVC or FIVC (whichever is greater).
FEV1/PEF	L/L/s	FEV1 divided by PEF.

FIF50/FEF50	ratio	FIF50 divided by FEF50 and expressed as a ratio.
FIV1	L	The forced inspiratory volume achieved after one second.
FEV1/FIVC	ratio	FEV1 divided by FIVC and expressed as a ratio.
FEV1/IVC	ratio	FEV1 divided by IVC and expressed as a ratio.
FIV1/FIVC	ratio	FIV1 divided by FIVC and expressed as a ratio.
FIV1/FVC	ratio	FIV1 divided by FVC and expressed as a ratio.
FEF50/FIF50	ratio	FEF50 divided by FIF50 and expressed as a ratio.
MVWind	L/min	Maximum voluntary ventilation. Indirectly calculated from the FEV1. It is the measured FEV1 value by 37.5.
BEV/FVC	percent	BEV divided by FVC and expressed as a percentage to one decimal place.
EOTV	L	End of test volume. Calculated by subtracting the volume at a half second before FET from the volume at FET.
FMFT	s	Forced mid-expiratory time between 25% and 75% of the FVC.
IVC	L	The maximal volume of air inhaled from the point of maximal exhalation.
FEFmax	L/s	The maximum flow detected.
FEV1/HT2	L/m ²	FEV1 divided by the subjects' height in metres squared.
RAWind	kPa/L/s	RAWind is derived indirectly, based on the FEV1% of predicted.
FEV3/VC	ratio	FEV3 divided by the best SVC VC from the visit and expressed as a ratio.
TLC	L	Total Lung Capacity. The volume of gas in the lung at the end of a full inspiration. Calculation: TLC = (RV + Highest (FVC or FIVC)) or TLC = (FRC + IC).
RV	L	Residual Volume. The volume of gas remaining in the lung at the end of a full expiration. Calculation: RV = (FRC - ERV) or RV = (TLC - Highest (FVC or FIVC)).
FRC	L	Functional Residual Capacity. The volume of gas present in the lung and airways at the average end-expiratory level. Calculation: FRC = (RV + ERV).
BEV	mL	Volume Expired between 0 seconds and start time according to the back extrapolated volume. Also known as Vext.
TExt	ms	Time from start of test to back extrapolated time zero.
TPef	ms	Time to Peak expiratory flow. Calculation = Volume expired at PEF/PEF.
tRISE	ms	Rise Time calculation = (Interpolated Time at 90% PEF) - (Interpolated Time at 10% PEF) PEF should be achieved with a sharp rise and occur close to Time 0 as measured by the rise time from 10% to 90% of peak flow, which should be <150 ms but may be greater than this in a manoeuvre in a patient with upper airway obstruction.
tHES	s	Start of Test - Hesitation time: The hesitation time, defined as the time from the point of maximal inspiration to Time 0, should be 2 seconds or less. THes = TimeZero - Time at maximal inspiration (prior to TimeZero).
FEV1Q	ratio	Calculated for adults only (>=18 yrs) as follows: For Males: FEV1Q = (Measured FEV1)/0.5 For Females: FEV1Q = (Measured FEV1)/0.4
FEV3/FEV6	ratio	FEV3 divided by FEV6 and expressed as a ratio for identifying small airway damage in COPD patients.

6.1.2.3. Best Parameters

The best results are determined as follows:

- a. All volume based parameters reported (with the exception of FVC and FEV1) are the highest values from acceptable tests.
- b. FVC and FEV1 reported are the highest value, excluding values rejected by the user.
- c. PEF L/s, PEF L/min, PIF L/s, PIF L/min, FEFmax L/s reported are the highest values from acceptable tests.
- d. All flow based parameters reported are from the acceptable test with the highest FVC and FEV1 sum.
- e. All time based parameters reported (with the exception of FET) are from the acceptable test with the highest FVC and FEV1 sum.
- f. FET is reported from the test with the best FVC.
- g. EV (L) and EOTV (L) reported is from the acceptable test with the highest FVC and FEV1 sum.
- h. All ratio parameters are re-calculated from their best values.
- i. The best IC is the average of the highest 3 acceptable tests. If there are less than 3 acceptable tests, it uses the average of the number of acceptable tests. If no acceptable tests exist, rejected

- tests are used.
- j. The IRV is re-calculated using the best IC parameter minus the best TV parameter.
 - k. The ERV is re-calculated using the highest parameter from the best FVC and best FIVC minus the best IC parameter.
 - l. No best values are reported for the following parameters:
 - a. Start of Test - Hesitation time.

6.1.2.3.1. Percentage calculations

Percentage predicted and Percentage change are calculated for the best value of each parameter.

	Description
%pred	$(\text{Measured Value} / \text{Predicted Value}) \times 100$
%change (ATS 2021)	$((\text{Post Value} - \text{Base Value}) / \text{Predicted Value}) \times 100$. Enabled by a configuration BDR Response (ATS/ERS 2021) from FVC settings
%change (ATS 2005)	$((\text{Post Value} - \text{Base Value}) / \text{Base Value}) \times 100$. Enabled by turning off BDR Response (ATS/ERS 2021) from FVC Settings

6.1.3. Test Quality

After every test manoeuvre, quality feedback with ATS/ERS acceptability is displayed for that test.

6.1.3.1. FVC Quality Feedback

Artifact	Description
Start of Test	The extrapolated volume must be less than 5% of the FVC or less than 0.100L, whichever is greater. If not, the test is deemed a slow start of test. For a child aged less than or equal to 6 years old, extrapolated volume must be less than 12.5% of the FVC or 0.08L, whichever is greater. If not, the test is deemed a slow start of test and the subject should be encouraged to blast the air out of their lungs without hesitation.
Cough Free	Within the first second of exhalation: if there is a 50% drop in flow and a recovery of at least 1L/s the test is deemed to contain a cough.
FEV1	If either a slow start of test occurs or a cough occurs within the first second of exhalation, then FEV1 is deemed to be unusable. Otherwise, if FVC Vs FIVC artefact occurs, then FEV1 is deemed not acceptable but may be usable.
Flow Plateau	If there is less than a 0.025L volume increase over 1 second, the test is deemed as having a plateau. When there is any occurrence of flow greater than 200 ml/s over the last 20ml of forced expiratory, the test is deemed as having an abrupt end of test and a plateau has not been achieved.
FVC Vs FIVC	If FIVC > FVC and FIVC - FVC > 0.100 L or 5% of FVC, whichever is greater, the FVC Vs FIVC check is deemed to be unacceptable. This is an indicator that the subject did not start the manoeuvre from TLC.
EOFE	When all of the following are true, the test is deemed to contain an unacceptable EOFE: no flow plateau is achieved and FET is <15 seconds and FVC is not > highest FVC and FVC is not within the repeatability tolerance of the highest FVC After the first manoeuvre, the EOFE shall be acceptable until another manoeuvre is performed. After each manoeuvre, EOFE shall be re-evaluated and updated as required for all manoeuvres.
FVC	If a slow start of test occurs, then FVC is deemed to be unusable. Otherwise, if either of FVC Vs FIVC or EOFE is deemed to be unacceptable, then FVC is deemed not acceptable but may be usable.

6.1.3.2. VC Quality

Artefact	Description
Flow Plateau	If there is less than a 0.025L volume increase over 1 second, the test is deemed as having a plateau.

6.1.4. Test Analysis

During the test session, an analysis of the session can be accessed by selecting the Analysis button. The content depends on the application settings.

6.1.4.1. VC Analysis Details

Repeatability	Number of tests	3 acceptable tests are required in order to be deemed an acceptable session.
	VC	For between-manoeuvre evaluation, the difference in VC between the largest and next largest manoeuvre must be <=smaller of the following: .0.150 L or 10% VC, for patients older than 6 years of age or .0.100 L or 10% VC, for those aged 6 years or younger Otherwise, additional trials should be undertaken.
Reference Information	Previous Visit VC	Contains the best VC value from a VC test performed in the previous visit.

6.1.4.2. FVC Analysis Details

Repeatability	Number of tests	3 acceptable FVC values of which two are repeatable, and 3 acceptable FEV1 values of which two are repeatable, are required for a session to be deemed acceptable.
	FVC	The difference between the best acceptable FVC and second best acceptable FVC, must be ≤0.150L for patients older than 6 years of age or ≤0.100L or 10% of largest value, whichever is greater, for children 6 years or younger.
	FEV1	The difference between the best acceptable FEV1 and second best acceptable FEV1 must be ≤0.150L, for patients older than 6 years of age or less than 0.1L or 10% of largest value, whichever is greater, for children 6 years or younger.
	FVC Grade	The FVC grade determined by the test session results. Refer to Section 6.1.4.3
	FEV1 Grade	The FEV1 grade determined by the test session results. Refer to Section 6.1.4.3
Bronchodilator	FVC	The change in FVC between base and post as a percentage of the predicted FVC.
	FEV1	The change in FEV1 between base and post as a percentage of the predicted FEV1
Reference	Current Visit	Contains the best VC value from VC test performed in the current visit.
	Previous VisitFVC	Contains the best FVC value from FVC test performed in the previous visit.
	Previous VisitFEV1	Contains the best FEV1 value from FVC test performed in the previous visit.
	Subject	An FVC test session may be selected for the current subject in order to act as a baseline, or reference session. This information will be applied to all FVC sessions for this subject. The values in the Reference column in the table of results will be the ATS/ERS best results from that session. The plotted Reference curve will be the test from that session that has the highest FVC + FEV1 sum.
Z-Score	Base-	Contains a graphic for the pictogram display of Z-score values for FVC, FEV1 and FEV1/FVC. Refer to Section 4.1.4.4.
	Post-	If a post test is performed, contains a graphic for the pictogram display of Z-score values for FVC, FEV1 and FEV1/FVC. Refer to Section 6.1.4.4

Interpretation	System	Displays the interpretation details from the chosen algorithm. Refer to Section 6.1.4.5 .
	User	The user may use this location to input an interpretation of their own up to a max of 1000 chars.

6.1.4.3. Session Grades

From ATS/ERS 2019 Standardization of Spirometry guidelines, session grades for FVC and FEV1 are calculated as follows:

1. For 0-6 year old:
 - a. If there are three or more acceptable tests the following shall apply:
 - i. If repeatability is $\leq 0.100L$ or $\leq 10\%$ of the highest value, whichever is greater, then the grade displayed shall be 'A'.
 - b. If there are two or more acceptable tests the following shall apply:
 - i. If repeatability is $\leq 0.100L$ or $\leq 10\%$ of the highest value, whichever is greater, then the grade displayed shall be 'B'.
 - ii. If repeatability is $\leq 0.150L$ or $\leq 10\%$ of the highest value, whichever is greater, then the grade displayed shall be 'C'.
 - iii. If repeatability is $\leq 0.200L$ or $\leq 10\%$ of the highest value, whichever is greater, then the grade displayed shall be 'D'.
 - iv. If repeatability is not $\leq 0.200L$ and not $\leq 10\%$ of the highest value, this shall be marked as "E".
 - c. If there is one acceptable test in the session then the grade displayed shall be 'E'.
 - d. If there are no acceptable values in the session but one or more usable values, then the grade displayed shall be 'U'.
 - e. If there are no acceptable tests in the session, then the grade displayed shall be 'F'.
2. For 7 years and older;
 - a. If there are three or more acceptable tests the following shall apply:
 - i. If repeatability is $\leq 0.150L$ then the grade displayed shall be 'A'.
 - b. If there are two or more acceptable tests the following shall apply:
 - i. If repeatability is $\leq 0.150L$ then the grade displayed shall be 'B'.
 - ii. If repeatability is $\leq 0.200L$ then the grade displayed shall be 'C'.
 - iii. If repeatability is $\leq 0.250L$ then the grade displayed shall be 'D'.
 - iv. If repeatability is not $\leq 0.250L$, this shall be marked as "E".
 - c. If there is one acceptable test in the session then the grade displayed shall be 'E'.
 - d. If there are no acceptable values in the session but one or more usable values, then the grade displayed shall be 'U'.
 - e. If there are no acceptable tests in the session then the grade displayed shall be 'F'.

6.1.4.4. Z-Score Pictogram

The Z-score pictogram shows the upper and lower limits of normal (LLN) for FEV1, FVC and FEV1/FVC and highlights any abnormality.

The Z-score pictogram displays Z-score plots from the current session according to the following:

1. The z-score for the best parameter.
2. The reference/predicted value is highlighted at the zero point.
3. The upper limit of normality (ULN) is indicated at + 1.64 standard deviations.
4. The lower limit of normality (LLN) is indicated at - 1.64 standard deviations.
5. The following parameter Z-scores are displayed on the graph:
 - a. FVC
 - b. FEV1
 - c. FEV1/FVC
6. If the z-score value is below -5, it shall be shown at negative edge of the graph.
7. If the z-score value is above +3, it shall be shown at positive edge of the graph.
8. Separate pictograms are available for base and post FVC sessions.

6.1.4.5. System Interpretation

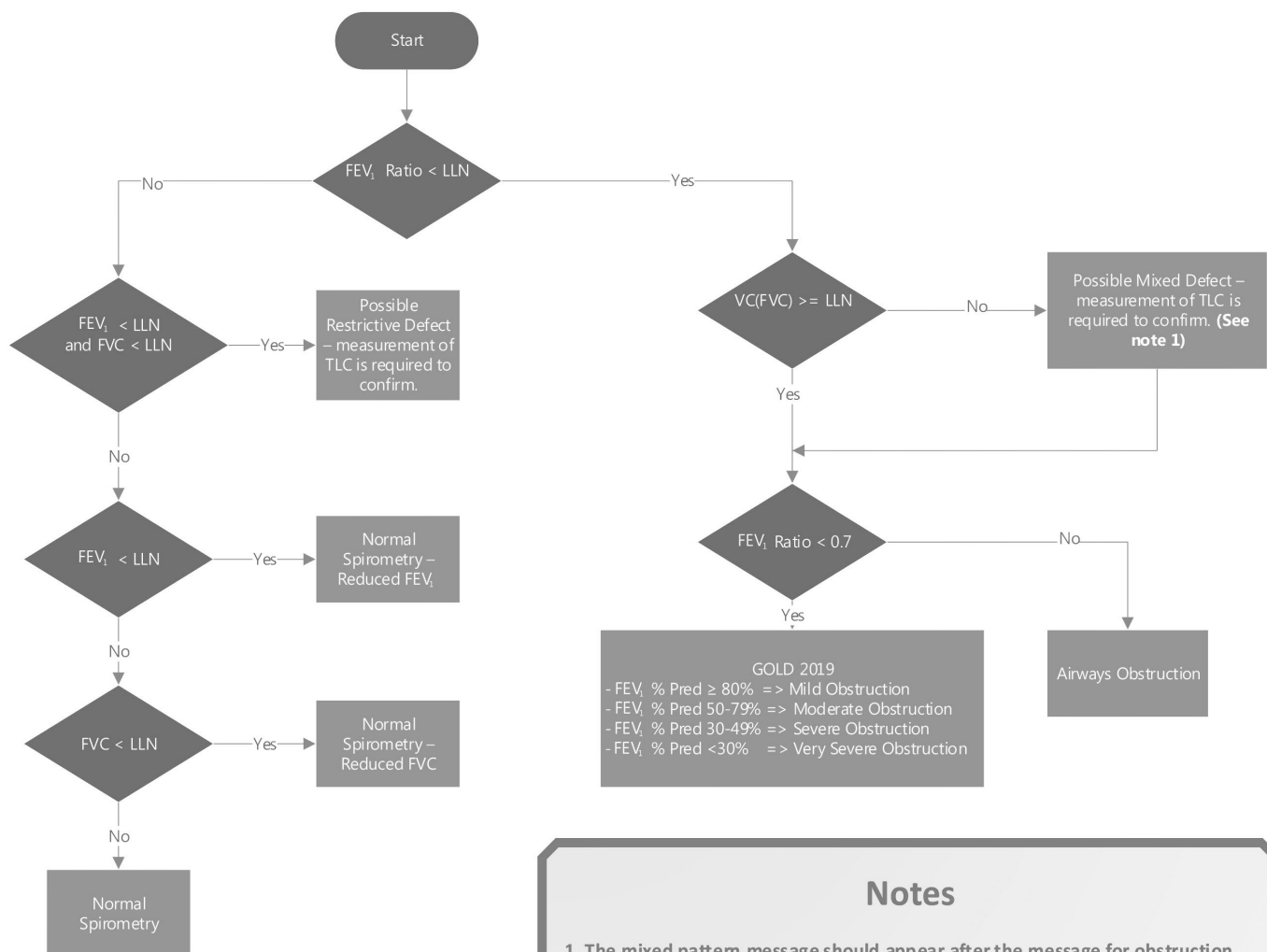
The system interpretation is derived from the selected algorithm refer to Section 8.2.1. The user shall have the provision to select either "GOLD ATS/ERS" or "ATS/ERS 2021" for the system interpretation in the FVC settings.

6.1.4.5.1. GOLD ATS/ERS Interpretation

Gold 2019: Global strategy for the diagnosis management and prevention of COPD.

Base FVC interpretation algorithm

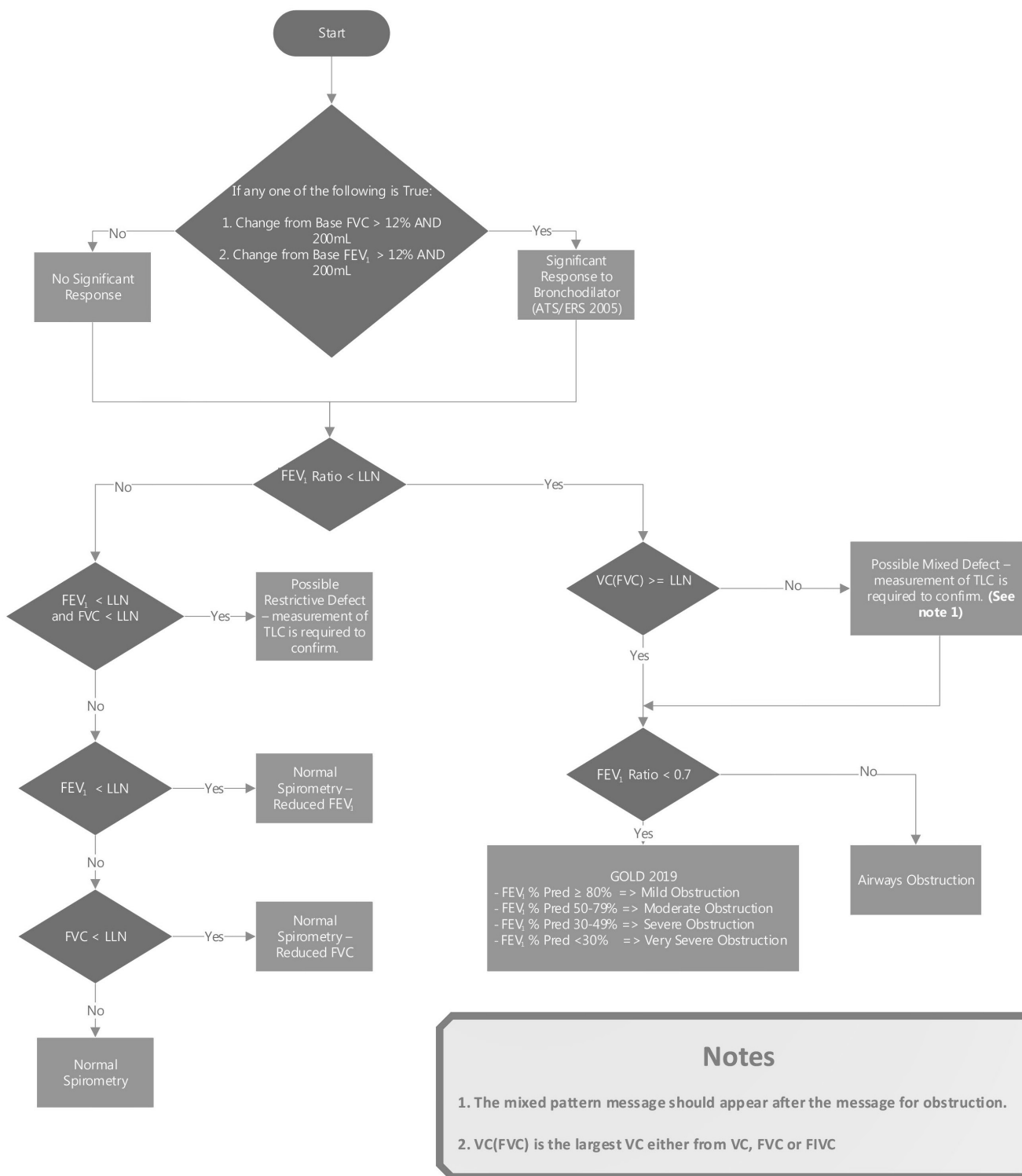
EN



Notes

1. The mixed pattern message should appear after the message for obstruction.
2. VC(FVC) is the largest VC either from VC, FVC or FIVC

Post FVC interpretation algorithm.



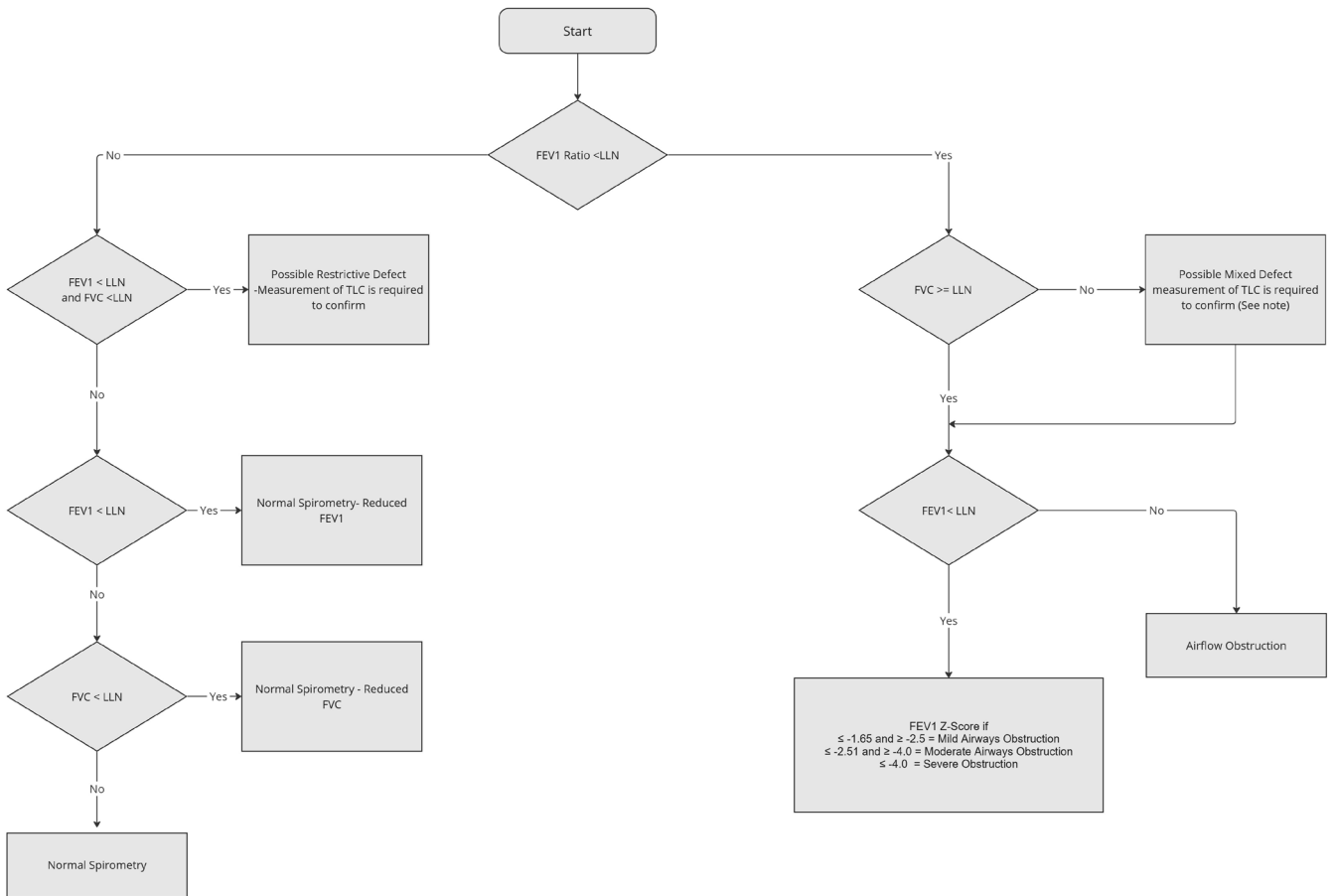
Notes

1. The mixed pattern message should appear after the message for obstruction.
2. VC(FVC) is the largest VC either from VC, FVC or FIVC

6.1.4.6. ATS/ERS 2021 Interpretive strategies algorithm

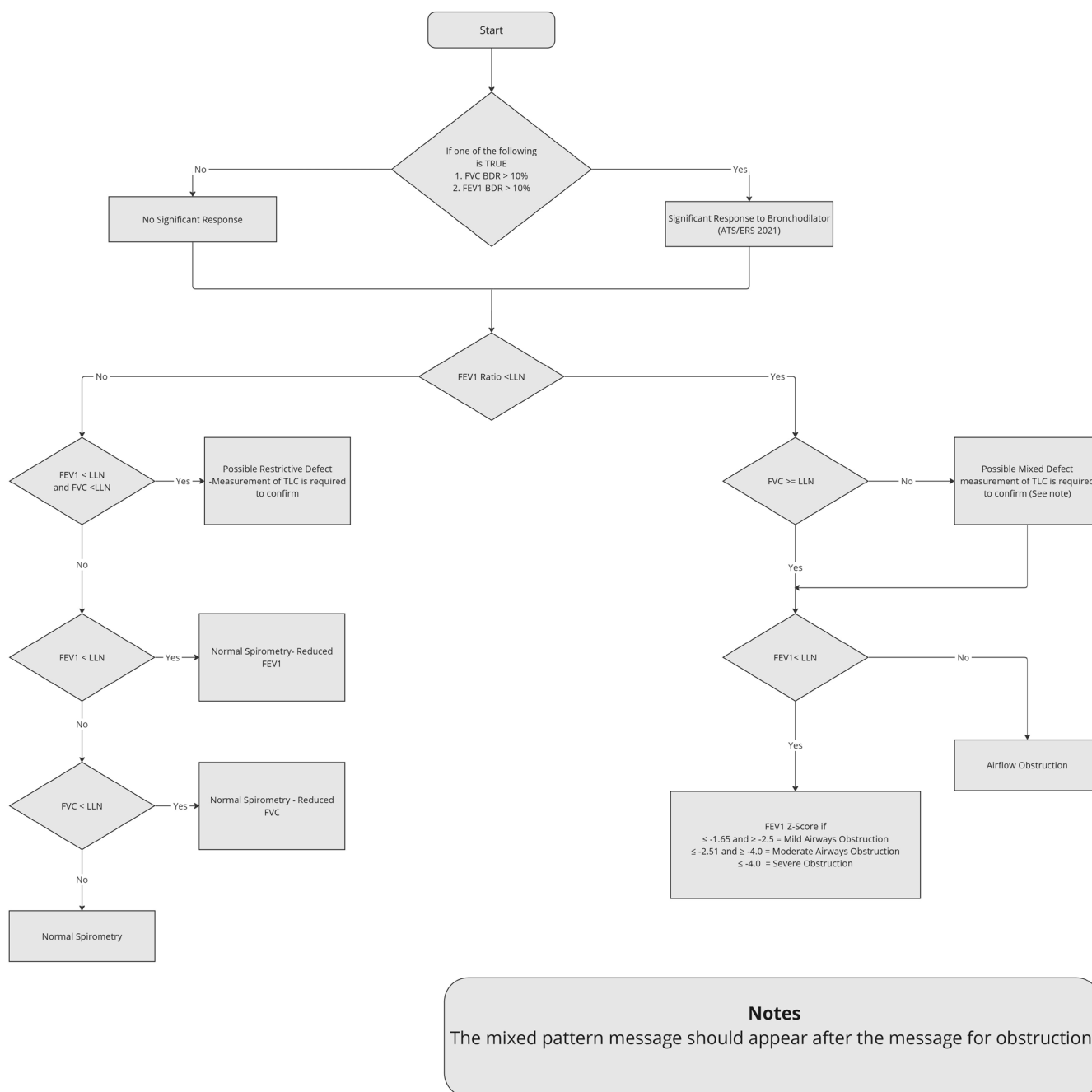
Z-scores, which are expressed in standard deviations, show how different the observed lung function value is from the predicted value after taking sex, age, height, and Population group into consideration. This is recommended by ATS/ERS 2021 for determining the limit of normality and quantifying the extent of lung function impairment.

Base FVC interpretation algorithm.



Notes
The mixed pattern message should appear after the message for obstruction

Post FVC interpretation algorithm.




6.1.5. ArtiQ analysis

As an optional feature, Spirotrac can integrate with ArtiQ services to provide interpretation of pulmonary function tests and automated quality control of Spirometry curves and sessions. This feature is accessed via the ArtiQ dashboard in the FVC test screen.

From the ArtiQ dashboard the user can:

1. Send the session to ArtiQ for PFT interpretation and QC analysis
2. View the interpretation and results provided by ArtiQ
3. Enable and disable this feature, refer to [Section 9.2.9](#)

6.1.6. Filtering Tests

Tests that are displayed may be filtered by selecting the Filter icon  and choosing an appropriate option:

1. Show All
2. Show Best (based on highest FVC+FEV1 sum from acceptable tests)
3. Show Best 3
4. Show Best and Last

6.1.7. Using a reference session for comparison.

Spirotrac allows the user to compare the best test (curve and data) from a user defined previous session.

When set, this reference test will appear in both the data and graph results.

1. To enable and disable the Reference Curve functionality and corresponding data, refer to [Section 9.2.1](#).
2. To set a session as a reference session, go to the Analysis tab in the FVC test screen, and in Reference Session section, click Select.
3. Choose the required session for the subject from the list.
4. Once reference curve/data are enabled, best curve along with best and %change values will display.

6.1.8. Changing the designation of a test from Base to Post and vice versa.

Spirotrac allows the user to change the designation of a test from base to post and vice versa so that a good manoeuvre is not lost and the patient is not required to perform additional unwanted manoeuvres.

Note: *This action can only be performed on the same calendar day as testing.*

1. To change the designation of a test, select the Change Designation button from within the test screen.
2. Choose the required test(s) and select Redesignate.
3. When changing the designation of a test from base to post, the system will automatically select the current base as the base for post testing. To select a different base, select Use different Base FVC.

6.1.9. Instructions for Performing a PCF Test

The test is performed with subjects seated.

1. Fit a new Bacterial Viral Filter (BVF) to the flowhead for each test subject.
2. Subjects are instructed to perform a maximal cough after complete inhalation.
3. They should perform 3–6 manoeuvres (<5% variability).

Adapted from Reference: Laveneziana P, Albuquerque A, Aliverti A, et al. ERS statement on respiratory muscle testing at rest and during exercise. Eur Respir J 2019; 53: 1801214

6.2. 12-Lead ECG Measurements

6.2.1. Before performing ECG measurements with BT Norav device:

- Switch on your device, ensure device Bluetooth setting is auto (refer to device specific IFU for details)
- On your PC,
 - Go to Bluetooth and Other Devices settings and enable Bluetooth
 - Under Bluetooth devices discovery -> Select Advanced (Windows 11 only)
 - Select Add Bluetooth or other device and select Bluetooth
 - Select NR Recorder from list of detected devices, and once paired close screen and return to Spirotrac.
- On Compact,
 - Before launching Spirotrac, select Administration
 - Select Printer/Devices and select Add a device
 - Select NR Recorder from list of detected devices, select Next and once install is complete close the add device screen and select Applications to return to Spirotrac.

6.2.2. Performing an ECG Test with the Vitalograph BT12 ECG device or Norav BT ECG Device


1. Select a subject, refer to [Section 5.3.1](#).
 2. Choose Select Test button.
 3. Choose ECG.
 - Switch on ECG device
 - If first time use, select your ECG device from the list of detected devices presented by Spirotrac. Ensure device is selected and not Simulator. Refer to [Section 8.2](#) for switching device.
 - For BT-12 ECG first time use: When on Device Selection screen, switch on ECG device holding power button until two short signal beeps indicate that the device has completed its self- test. The device display indicates when the device is ready for operation.
 4. The ECG test screen opens.
 5. Connect the ECG device to the electrodes and then attach ECG electrodes to the subject. Please verify the Device's user manual for more details.
 6. Wait 10 seconds (or for BT Norav, wait till initialization) and then Select **New Recording button**.
 7. Check torso graphic to ensure a signal is coming from each lead.
 - Note: When using the Norav BT device, Spirotrac6 cannot detect the status of the RL lead, as it does not have its own lead-off detection. Select Record ECG Trace icon.
 8. Recording automatically ends after the configured time. To stop the recording manually select Stop ECG Trace icon.
 9. Review and choose to Save or Discard the recording.
- Note:** *If using the Norav BT device, Pacemaker detection is not possible in Spirotrac 6*
10. If further recordings are required in this session, repeat steps 7 - 12.
 11. Recording results in the session are available in the session panel. Choose the recording number to view that recording.
 12. Each recording displays basic information along with the following:
 - a. Ability to filter the data if interference is suspected from the electricity supply - line filter. This can be set

- to 50Hz for EU or 60Hz for North America.
 - b. Ability to apply a muscle filter (line filter included) to the data.
 - c. Tabulated results. Refer to [Section 6.2.3](#)
 - d. Suggested Interpretation as derived from the Glasgow Algorithm. Refer to [Section 6.2.4](#)
13. The graph area contains a 10-second ECG strip for a selected channel. The selected channel for the 10-second ECG strip can be changed by selecting the lead symbol above the graph area. Amplitude and Recording Speed for the graph area can be configured by selecting the graph settings above the graph area.
 14. Session notes can be attached to the current session. Refer to [Section 6.6](#)
 15. Settings for ECG testing can be altered within the session screen. Refer to [Section 9.2.5](#).
 16. To end ECG test session, select Close button.

6.2.3. Test Parameters

Parameter	Unit	Description
HR	bpm	Heart Rate
RR	ms	R-R interval
ST	ms	Duration of the ST segment
PR	ms	Duration of the PR interval
PQ	ms	Duration of the PQ interval
QT	ms	Q-T interval
P	ms	Duration of the P wave
QRS	ms	Duration of the QRS complex
QTcH	ms	Q-T interval, corrected by the heart rate (Hodge)
QTcB	ms	Q-T interval, corrected by the heart rate (Bazett)
QTcF	ms	Q-T interval, corrected by the heart rate (Fridericia)
QTcFra	ms	Q-T interval, corrected by the heart rate (Framingham)
P Axis	degrees	Axis of the P wave
QRS Axis	degrees	Axis of the QRS complex
T Axis	degrees	Axis of the T wave

6.2.4. Glasgow Interpretation Algorithm

	<p>The Glasgow Program has been incorporated into Spirotrac and is intended to provide an interpretation of the resting 12 lead ECG in all situations, whether in a hospital or primary care setting. This algorithm has been reviewed against the industry standard, the CSE (Common Standards for Quantitative Electrocardiography) Database.</p>
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Note: The ECG interpretation is produced pursuant to an agreement with the Glasgow University.

Note: If ECG interpretations are required then ensure that the following attributes are set for the subject;

- a. Date of Birth
- b. Height
- c. Sex at Birth
- d. Population Group


6.3. Maximal Inspiratory Pressure (MIP) and Maximal Expiratory Pressure (MEP) Testing

Spirotrac includes Maximal Inspiratory Pressure (MIP) and Maximal Expiratory Pressure (MEP) Tests to determine the subject's inspiratory and expiratory muscle strength. These test types require the **Pneumotrac with RMS** (Respiratory Muscle Strength) device with the **relevant MIP flowhead** or **MEP flowhead connected, depending on the test type**.

Note: The push connector on the connection port should be pushed firmly and squarely against the face of the connector when connecting/disconnecting the tubing.

6.3.1. Before performing MIP and MEP tests

1. Connect the Vitalograph Pneumotrac with the RMS device, see relevant device IFU.
2. Wash hands (operator and subject).
3. For optimal protection fit a new Bacterial Viral Filter (BVF) to the flowhead for each test subject. The use of a disposable noseclip is preferred.
4. Instruct and demonstrate the test.
5. Select a subject and ensure the required demographic information is entered:

- i. To select a subject, refer to [Section 5.3.1](#).
 - ii. To view subject demographics, select VIEW PROFILE.
 - iii. To edit subject demographics, select Edit icon.
6. Choose Select Test.
 7. Choose test type.
 8. To select the posture or to indicate whether a noseclip was used, select edit  in test screen header.
 9. Select an option via drop down and select the save button.


6.3.2. Instructions for Performing MIP testing

Ensure the subject has had an adequate amount of rest prior to beginning the test session.

To perform a MIP test ask the subject to relax, select New Test and wait until the software says 'Begin Test Now!'. They should place the nose clip on their nose, mouthpiece in their mouth, then follow the steps below:

1. Instruct the subject to breathe out through the Flowhead until their lungs are completely empty.
2. Once the subjects' lungs are empty, he/she should inhale with as much force as possible for at least 1.5 seconds.
3. When the test is completed the measured value is reported and markers are placed on the graph to indicate the 1 second period for MIP.
4. A maximum of 5 tests can be performed in a session.
Alternatively, if the subject cannot perform a successful MIP test using this method, they should place the nose clip on their nose then follow the steps below:
5. Instruct the subject to breathe out (not through mouthpiece) until their lungs are completely empty.
6. Once the subjects' lungs are empty he/she should place the mouthpiece in their mouth and **inhale with as much force as possible** for at least 1.5 seconds.

Note: Careful attention must be given to ensure that the subjects' lips are sealed tightly around the mouthpiece to avoid leaks.

Select 'Delete'  to remove a test from the session. Only individual tests can be deleted.

Note: Deleting information is permanent and cannot be retrieved.

6.3.3. Instructions for Performing MEP testing

Ensure the subject has had an adequate amount of rest prior to beginning the test session.


To perform the MEP test ask the subject to relax, select New Test and wait until the software says 'Begin Test Now!'. They should place the nose clip over their nose, mouthpiece in their mouth, then follow the steps below:

1. Instruct the subject to breathe in through the Flowhead until their lungs are completely full.
2. Once the subjects' lungs are full, he/she should exhale with as much force as possible for at least 1.5 seconds.
3. A maximum of 5 tests can be performed in a session.
4. When the test is completed the measured value is reported and indicators are placed on the graph to indicate the 1 second period for MEP.

Alternatively, if the subject cannot perform a successful MEP test using this method, they should place the nose clip on their nose then follow the steps below:

5. Instruct the subject to breathe in (not through mouthpiece) until their lungs are completely full.
6. Place the mouthpiece in the subjects' mouth, then ask the subject to **exhale with as much force as possible** for at least 1.5 seconds.

Note: Careful attention must be given to ensure that the subjects' lips are sealed tightly around the mouthpiece to avoid leaks.

Select 'Delete'  to remove a test from the session. Only individual tests can be deleted. Note: Deleting information is permanent and cannot be retrieved.

6.3.4. MIP and MEP Parameters

To set parameters, refer [Section 9.2.6](#).

Parameter	Unit	Description
MIP	cmH ₂ O	Maximum Inspiratory Pressure. The maximum average inspiratory pressure over a one second period.
PIP	cmH ₂ O	Maximum inspiratory mouth pressure
MEP	cmH ₂ O	Maximum Expiratory Pressure. The maximum average expiratory pressure over a one second period.
PEP	cmH ₂ O	Maximum expiratory mouth pressure

6.3.5. MIP and MEP Acceptability Criteria

In accordance with the ATS/ERS 2002 Statement on Respiratory Muscle Testing, the following criteria should be used to assess the acceptability of individual MIP/MEP manoeuvres:

1. Consistent pressure sustained for at least 1.5 seconds
2. When the above criteria is met "Good Test" shall be displayed.
3. When the above is not met, the following message shall be displayed:
 - a. There was not a consistent pressure sustained for at least 1.5 seconds.
 - b. The test shall be marked as rejected.
 - c. The user shall not have the option to accept this type of test manoeuvre.

6.3.6. MIP and MEP Session Repeatability Criteria

1. MIP/MEP repeatability shall be determined as:
 - a. A minimum of 3 acceptable tests.
 - b. The two largest acceptable MIP/MEP values should agree within a configured % of each other (refer to [Section 9.2.6](#)).
2. When the above criteria are met the following message shall be displayed:
 - a. 'Good session'.

6.3.7. MIP and MEP Best Test Criteria

1. The best MIP/MEP is from the test with the highest MIP/MEP from the acceptable repeatable tests.
2. The best PIP/PEP is from the test with the highest PIP/PEP from the acceptable repeatable tests.
3. When no acceptable tests exist, the best values come from rejected tests.

6.3.8. Error Message

1. During testing if the device registers an inhalation or exhalation that lasts <1 second and/or is <20cm/H₂O the user shall be asked if they wish to discard the test.

6.4. Sniff Nasal Inspiratory Pressure (SNIP) Testing

Spirotrac includes Sniff Nasal Inspiratory Pressure (SNIP) testing to determine the subject's inspiratory muscle strength. This test type requires the **Pneumotrac with RMS (Respiratory Muscle Strength) device** with the **relevant SNIP nasal probe consumables**.

6.4.1. Before performing a SNIP test

1. Connect the Vitalograph Pneumotrac with RMS (Respiratory Muscle Strength) device, see relevant device IFU.
2. Wash hands (operator and subject).
3. Find a nasal probe that fits the subject comfortably (a selection of probes is available).
4. Determine the correct nostril to use
 - a. One at a time instruct the subject to close each nostril and take an inhale and an exhale to determine which nostril takes in the most air.
5. Attach the nasal probe to the Pneumotrac device using the SNIP connector. Note: The push connector on the connection port should be pushed firmly and squarely against the face of the connector when connecting/disconnecting the tubing.
6. Instruct and demonstrate the test.
7. Select a subject and ensure the required demographic information is entered:
 - a. To select a subject, refer to [Section 5.3.1](#).
 - b. To view subject demographics, select VIEW PROFILE.
 - c. To edit subject demographics, select Edit icon.
8. Select Start Test.
9. Choose test type.
10. Subject Position:

Note: *Subject position during the test is extremely important.*

 - a. Instruct the subject to sit up straight with their back against the chair.
 - b. Shoulders should be down.
 - c. Eyes should be open.
 - d. Both feet should be on the floor.
 - e. Legs should be together.

6.4.2. Instructions for Performing SNIP testing

Ensure the subject has had an adequate amount of rest prior to beginning the test session.

To perform a SNIP test, select New Test and wait until the software says 'Begin Test Now!' then follow the steps below:

1. Put the probe in the nostril that takes in the most air.
2. Instruct the subject to sniff as hard as they can.
3. A maximum of 10 tests can be performed in a session.
 - a. Select 'Delete' to remove a test from the session. Only individual tests can be deleted. Note: Deleting information is permanent and cannot be retrieved.

6.4.3. SNIP Best Criteria

The best test is the test with the highest value from the acceptable tests. When no acceptable tests exist, the best value comes from rejected tests.

6.4.4. SNIP Parameters

To set parameters, refer [Section 9.2.6](#).

Parameter	Unit	Description
SNIP	cmH2O	Sniff Nasal Inspiratory Pressure. The maximum inspiratory pressure

6.5. Oscillometry Testing

Spirotrac includes Oscillometry testing which requires the Thorasys Tremoflo device and Tremoflo software. The Tremoflo software application is available to install from the Thorasys USB stick provided with the device.

Note: Tremoflo must be installed by a user with Administrative privileges on the PC

For Tremoflo device and software support please contact technical support:

- For North America: techsupport@thorasys.com
- For Europe: techsupporteu@thorasys.com

When installing, ensure that Tremoflo software is installed in the **default folder location**. The Tremoflo software **must be configured before** use with Spirotrac.

6.5.1. Setup Tremoflo for use with Spirotrac 6

1. Run Tremoflo outside of Spirotrac. Follow the Tremoflo setup wizard.
2. Create a user when running setup. **Note the user credentials will have to be re-entered in Spirotrac.**
3. For further details on Tremoflo software, licensing and hardware setup, consult the Tremoflo user manual.
4. Close Application.
5. Run Spirotrac, go to Settings.
6. From Testing select Oscillometry, then select Enable Oscillometry.
7. Enter Tremoflo user credentials created on Tremoflo setup, see step 2 above.
8. Select Configure Oscillometry.
9. Select Save.

6.5.2. Before Performing an Oscillometry Test

1. Connect the Thorasys Tremoflo device.
2. Select a subject and ensure the required demographic information is entered and correct:
 - To select a subject, refer to [Section 5.3.1](#)
 - To view subject demographics, select VIEW PROFILE.
 - To edit subject demographics, select Edit icon.

6.5.3. Instructions for Performing Oscillometry

1. Choose Select Test.
2. Choose Oscillometry.
3. If first time use, select the Oscillometry device from the list of detected devices. Refer to [Section 8.2](#) for switching device
4. Select New Test.
5. Refer to Tremoflo user manual for details on calibration and on how to perform an oscillometry test.

Note: 3 Oscillometry tests are recommended.
6. Select End Test from the Test Tab to exit Tremoflo.
7. When prompted to generate a report, select Yes to exit the application and return to Spirotrac, or select No to continue testing.
8. The Oscillometry report displays in Spirotrac. To end the session, select the Exit icon.
9. To print a report of the session, select Exit & Print when prompted.

6.5.4. Oscillometry Parameters

Refer to Tremoflo user manual for details on parameters.

6.6. Session Information

Generic session information can be gathered on the current session.

1. Select Information button.
2. Information is available for the following;
 - a. Date of session
 - b. Logged in user at time of session
 - c. Device details
 - d. Subject demographic details at time of session

6.7. Session Notes/Comments

Notes/Comments can be attached to the current session.

1. Select Notes button.
2. Select Add button.
3. Enter the note text in the available note field.
4. For FVC, MIP & MEP sessions, pre-defined comments can be selected for the session from Notes and for each test from *Test Acceptability* on the quality tab.
5. Select Save button to save the note to the database.
6. Previously saved notes may be edited and/or deleted by selecting that note and selecting the *Create* or *Delete* buttons. Follow the on-screen instructions.

6.8. Pulse Oximetry Testing

SpO2 test results can be captured manually within Spirotrac 6 to facilitate trending and/or reporting alongside Spirometry results. Note: To print a VC or FVC report containing SpO2 data, first ensure SpO2 section is enabled on the report, refer to section 9.1 and ensure you have performed the VC or FVC session within the same visit as the SpO2 session.

6.8.1. Capturing Pulse Oximetry data



1. Choose Select Test.
2. Choose SpO2.
3. Enter Date, Time, SpO2, Heart Rate and Posture and click Add
4. To end the session, select the Exit icon.

6.9. Data Transfer with the Alpha or In2itive device.

Subjects can be uploaded from Spirotrac to the device in order to perform testing on the device and download the results from the device to Spirotrac in order to have all your test results in one central location.

6.9.1. Connecting device to PC/Vitalograph COMPACT

To connect the Vitalograph Alpha or Vitalograph In2itive:

1. Plug one end of USB cable into USB port on PC/COMPACT (usually marked with  symbol).
2. Plug other end of USB cable into USB port at side of the Vitalograph Alpha/In2itive device (marked with  symbol).
3. Once switched on, the Vitalograph Alpha/In2itive device is ready for use with Spirotrac.

6.9.2. Uploading subject(s) from Spirotrac to Vitalograph Alpha or In2itive device

Note: Ensure your device is on the main screen.

Note: To ensure subjects are not duplicated, upload the required subject(s) from Spirotrac to the device prior to testing.

1. Select *Download/Upload* from left hand menu.
2. The "No device connected" icon displays until a successful connection has been established. Once connection is established, the device name and serial number are displayed.
3. Select *Upload Subjects*
4. To find the subject you wish to transfer to the device, there is a quick search option and an advanced option. Once found, move subject to right hand list.
 - a. Use the quick search option by entering the subject number or name in the search field provided
 - b. Use the advanced option to find subjects by any/all of the following: Group, Subject Id, First Name, Last Name, Alternate Id, Date of Birth.
5. On selecting *Upload subjects to device* the subject(s) are saved to the device.
6. When a subject already exists on the device with the same subject number but was not linked previously the user shall be asked to choose from one of the following options during the upload process:
 - a. *Update existing subject* – this will update the device subject with current demographics from Spirotrac
 - b. *Create new Subject* – this will add a new subject to the device
 - c. *Skip* – no subject demographics is transferred to the device

6.9.3. Downloading sessions(s) from Vitalograph Alpha or In2itive device to Spirotrac

Note: Ensure your device is on the main screen.

1. Select *Download/Upload* from left hand menu.
2. The "No device connected" icon displays until a successful connection has been established. Once connection is established, the device name and serial number are displayed.
3. Select *Download Sessions*
4. To find the sessions you wish to download to Spirotrac, there are 2 quick search options and a custom search option.
 - a. Use the quick search option(s) to find sessions performed on the device today or find all sessions
 - b. Use the custom search option to find sessions by Date Range, Type or Subject information (First Name, Last Name, Subject Number)
5. All subject(s)/session(s) matching the search criteria are displayed on screen.

EN

6. Select session(s) to be downloaded.
7. On selecting Download Selected the session(s) are saved to Spirotrac. Note: Subject information is downloaded also. All downloaded session(s) are now available to view in the subjects visit list and available for trending.
8. When a subject already exists on Spirotrac but demographics differ the user shall be asked to choose from one of the following options during the download process:
 - a. Update existing subject – this will update the Spirotrac subject with current demographics from device
 - b. Create new Subject – this will add a new subject to Spirotrac
 - c. Skip – no data/session(s) are downloaded for this subject
9. Once download is complete, Spirotrac displays the list of session(s) which have been downloaded and the user can select session(s) to be printed or exported to PDF.

6.10. Challenge Testing.

Spirotrac includes a Challenge Test module. Challenge testing assesses the severity of reversible broncho-constrictive disease, such as asthma, and is an important part of the diagnosis process as well as defining treatment therapy. A broncho-constrictive agent is given to the subject and the response is monitored by repeated Spirometry.

6.10.1. Conducting a Challenge Test

1. Select a subject and ensure the required demographic information is entered:
 - To select a subject, refer to [Section 5.3.1](#)
 - To view subject demographics, select VIEW PROFILE.
 - To edit subject demographics, select Edit icon.
2. Select the Challenge Test icon from the main screen.
3. On the protocol selection screen:
 - a. Select the protocol to be used.
 - b. Select the delivery method (and dosing protocol where applicable) to be used.
 - c. When ready to perform challenge testing, select *Confirm*.

Note: The default dose amounts and units of measurement can be configured via the settings icon. Once changed, the new values become the default.

4. The Challenge test wizard guides the user through the Challenge test procedure.

Note: Refer to [Section 9.2.10](#) for other Challenge Settings

6.10.2. Mannitol Challenge Testing

Pre Challenge Test Phase: The Challenge test consists of multiple phases. The pre challenge test phase is used to determine the baseline prior to the issuing of a diluent or dose. In this phase the user should perform a spirometry test with a minimum of two blows that meet repeatability criteria of 150 ml. The subjects FEV1 should be $\geq 70\%$ predicted. The pre-challenge can either be performed during the Challenge session or the user can select an existing FVC session from the same calendar day to be used as the pre-challenge.

Dosing Steps: Dosing stage 1 is used to determine the baseline FEV1. When the dose is administered, select the Dose Administered button to start the 60 second countdown timer.

On completion of the timer the subject should perform two repeatable FEV1 measurements. These measurements should be within 150ml variability. If the highest FEV1 is $\geq 10\%$ drop from the pre-challenge FEV1 the challenge test should be discontinued.

Select Next to proceed to the next and subsequent phase(s). Administer the dose for the current phase and select the Dose Administered button. Perform repeatable FEV1 manoeuvres and exit the test screen to move to the next phase.

Challenge Outcomes: When a subject achieves a fall in FEV1 of 10% or greater between non-zero dose phases or a 15% fall from the baseline FEV1 a positive result is achieved and the software calculates the PD15. The Challenge test procedure is completed and the user has the option to perform a recovery phase.

Recovery Phase: Administer a bronchodilator and monitor the subject to ensure their FEV1 has returned to within 10% of their baseline.

Note: To choose the FEV1 that you want to use in the analysis you need to reject all other manoeuvres. This is done by toggling the FEV1 acceptability from accepted to rejected for the manoeuvres you do not want to include.

6.10.3. Methacholine challenge testing

Choose the delivery method

Delivery methods:

- a. High Output Nebulizer
- b. Slow Volume Nebulizer
- c. Other

The challenge test consists of multiple phases.

Pre-Challenge Test Phase: The Challenge test consists of multiple phases. The pre challenge test phase is used to determine the baseline prior to the issuing of a diluent or dose. In this phase the user should perform a spirometry test with a minimum of two blows that meet repeatability criteria of 150 ml. The subjects FEV₁ should be >=60% predicted. The pre-challenge can either be performed during the Challenge session or the user can select an existing FVC session from the same calendar day to be used as the pre-challenge.

Baseline Diluent Phase: This phase must be performed to determine the baseline FEV1 before the user can proceed to the dosing phase. If the FEV1 has increased or decreased by 10 -20 % the option to repeat the diluent step is available.

Dosing Steps: When the dose is administered, select the *Dose Administered* button to start the - countdown timer. On completion of the timer the subject should perform two repeatable FEV₁ measurements. These measurements should be within 150ml variability.

Challenge Outcomes: When a subject achieves a fall in FEV₁ of 20% from the baseline FEV₁ a positive result is achieved and the software calculates both the PD20 & PC20. The Challenge test procedure is completed and the user has the option to perform a recovery phase.

Recovery Phase: Administer a bronchodilator and monitor the subject to ensure their FEV1 has returned to within 10% of their baseline.

Note: To choose the FEV1 that you want to use in the analysis you need to reject all other manoeuvres. This is done by toggling the FEV1 acceptability from accepted to rejected for the manoeuvres you do not want to include.

6.11. MVV Testing.

Spirotrac includes a Maximum Voluntary Ventilation (MVV) test to determine the maximum volume of air a subject can breathe over a specified period of time.

6.11.1. Before performing MVV tests

1. Connect the Vitalograph Pneumotrac device, see relevant device IFU.
2. Wash hands (operator and subject).
3. For optimal protection fit a new Bacterial Viral Filter (BVF) to the flowhead for each test subject. The use of a disposable noseclip is preferred.
4. Instruct and demonstrate the test.
5. Select a subject and ensure the required demographic information is entered:
 - i. To select a subject, refer to [Section 5.3.1](#).
 - ii. To view subject demographics, select VIEW PROFILE.
 - iii. To edit subject demographics, select Edit icon.
 - iv. Choose Select Test.
 - v. Choose test type.

6.11.2. Instructions for Performing MVV testing

Ensure the subject has had an adequate amount of rest prior to beginning the test session.


To perform an MVV test ask the subject to relax, select New Test and follow the onscreen instructions. They should sit upright, then follow the steps below:

1. Instruct the subject to seal lips around the mouthpiece and keep tongue down
2. Breathe normally through the Flowhead
3. Once at least 3 resting breaths have been obtained, press the start recording button or spacebar on your keyboard to start the test.
4. Instruct the subject to breathe as deeply and rapidly as possible (for ~12 seconds). The VT (tidal volume) during the manoeuvre should be greater than the subject's resting VT.
5. When the test is completed the measured value is reported.



- i. Select 'Delete'  to remove a test from the session. Only individual tests can be deleted.

Note: Deleting information is permanent and cannot be retrieved.

6. A maximum of 8 tests can be performed in a session.
7. To select the posture or to indicate whether a noseclip was used, select edit  in test screen header.
 - i. Select an option via drop down and select the save button.

6.11.3. MVV Parameters

To set parameters, refer to [Section 9.2.8](#)

Parameter	Unit	Description
MVV	Lmin-1	Maximum volume of air a subject can breath
VT	Litres	Average tidal volume
RR		Respiratory Rate - Number of breaths extrapolated to one minute
MVV Time	seconds	Duration of the MVV recording
VT/VC	Ratio	Calculated from the most recent VC within the same visit

6.11.4. MVV Acceptability Criteria

In accordance with the ATS 1994 standard, MVV should have

- VT approx. 50% of VC
- RR of approx. 90 breaths per minute
- Should perform 2 acceptable maneuvers

6.11.5. MVV Best Criteria

1. The best test is the test with the highest MVV from acceptable tests.
2. When no acceptable test exists, the best MVV comes from rejected tests.

6.12. FeNO Testing.

Spirotrac includes FeNO testing using the NIOX VERO® which measures Fractional Exhaled Nitric Oxide (FeNO).

Note: The FeNO should be measured according to guidelines for NO measurement established by the American Thoracic Society and European Respiratory Society. See device manual for device instructions for use and storage.

6.12.1. Setup NIOX VERO device for use with Spirotrac 6.

If the Biological QC setting is enabled a QC check of the NIOX VERO is enforced. See [Section 9.2.11](#) for details.

6.12.2. Before performing a FeNO test.

FeNO testing should **always** be performed before spirometry testing.

1. Plug in the NIOX VERO device using the power cable supplied and connect the NIOX VERO to the PC/COMPACT using the USB cable provided. Ensure the power supply is connected securely to the NIOX VERO.
2. Turn the device on via the switch on the left-hand side of the NIOX VERO.
3. If enabled, ensure that a QC check has been performed on the NIOX VERO by a qualified biological control.
Note: when QC is not performed all tests shall have a rejected status which the user cannot change.
4. Lift the breathing handle from the holder and remove the cap.
5. Place a new mouthpiece on the breathing handle.
 - a. Make sure to twist the mouthpiece in place.
 - b. There is a risk of leakage if the mouthpiece is not correctly attached to the breathing handle which can result in incorrectly measured values. **Note: DO NOT use sharp objects to open the packaging on the mouthpiece or touch the filter membrane.**
 - c. Mouthpieces **must** be used immediately after opening.
6. Select a subject and ensure the required demographic information is entered and correct:
 - To select a subject, refer to [Section 5.3.1](#)
 - To view subject demographics, select *VIEW PROFILE*.
 - To edit subject demographics, select *Edit icon*.

6.12.3. Instructions for Performing FeNO Testing

1. Select Start Test and choose FeNO.
2. If first time use, select the FeNO device from the list of detected devices. Refer to [Section 8.2](#) for switching device
3. Instruct the subject on how to perform the manoeuvre and once the subject is ready, select *NEW TEST*.
4. Instruct the Subject to exhale fully before sealing their lips around the mouthpiece.
5. Coach the Subject to inhale fully but steadily through the mouthpiece.
6. Following full inhalation, instruct the subject to exhale for 10 seconds through the mouthpiece at a constant rate. The aim is to get the device to emit a solid (continuous) tone and once achieved continue blowing at this flow rate.
 - a. Getting the correct flow rate of exhalation is essential, and the device will provide feedback to you and the Subject in order for the Subject to achieve a good flow rate.
 - b. If the NIOX VERO emits a rapid intermittent beep, the Subject should blow less forcefully.
 - c. If the NIOX VERO emits a slow intermittent beep, the Subject should blow more forcefully.
7. In addition to sound feedback, the screen will display an incentive animation.
8. If the flow rate falls too high or too low for a long period of time, the NIOX VERO will stop the test. The test

will be discounted and the Subject should repeat the test.

- a. This will be indicated to the Subject by the intermittent high or low tone stopping, followed by a short beep. The device will indicate that the test has been stopped early by displaying one of two screens with an error code (A10 for too forceful and A11 for not forceful enough), and a visual feedback picture. **Note:** Refer to NIOX VERO user manual for other error codes/alert codes
- b. Once the Subject has achieved a good flow rate for 10 seconds, the NIOX VERO will calculate the FeNO result. A countdown timer will be displayed on the NIOX VERO device while it is analysing the result.
9. The results will automatically transfer into Spirotrac on the PC/COMPACT.
10. Tests which were ended due to error codes A10 or A11 will not be counted.
11. To end the session, select the Exit icon.
12. To print a report of the session, select Exit & Print when prompted.

Note: To print a VC or FVC report containing FeNO data, first ensure FeNO section is enabled on the report, refer to [Section 10.1](#) and ensure you have performed the VC or FVC session within the same visit as the FeNO session.

6.12.4. FeNO Repeatability

- The Subject will need to complete a minimum of 3 FeNO blows in which 2 out of the 3 blows are repeatable.
- A maximum of 6 blows can be performed per session.
- Repeatability can be achieved by 2 blows being within 10% of each other.

7. Cyber Security considerations

Note: Vitalograph commits to providing software that is virus-free. Vitalograph assumes no liability for the security of customer computer systems. Any computer connected to the local area network {LAN} or internet is at risk of the system being compromised. Vitalograph recommends that customers take appropriate measures to mitigate such risk including installation and maintenance of anti-virus software and firewall(s) on IT systems to prevent intrusion and protect those systems, in line with customer's internal IT policies.

7.1. Specification

The Vitalograph Spirotrac device is a software application and as such provides no physical communication endpoints for data transmission. Each component of the software is reliant on the target system providing the necessary physical communication ports to fulfil any communication requirements. This includes test data transmission over USB and Bluetooth and remote data transmission over WIFI or Ethernet. Responsibility for security controls on the underlying operating system and physical communication infrastructure is outside the scope of the application.

The Spirotrac application itself will lock after 15 minutes of inactivity. If the user enters their password incorrectly 3 times the application will not allow any further attempts for 15 minutes.

Backups are created and stored on the primary system drive. These backups are not encrypted but Personal Identifiable Information (PII) is encrypted within the database and backups are compressed into a non-readable format for transport or transmission to other media or sites. Control over the security of the media on which backups are stored is the responsibility of the end user and outside the scope of the application.

7.2. Security Recommendations

When using Spirotrac on a PC it is recommended that the PC has the following cybersecurity in place:

- Up to date Operating System: ensure that the Operating System is configured for automatic update for security patches and has all the latest patches applied.
- Antivirus/antimalware: ensure that the PC has an antivirus or antimalware application installed and that all virus definitions are in place.
- Secure Login: ensure that the PC is password protected via industry standard user access controls via active directory or other methods.
- Firewall: if the PC is connected to the internet ensure a firewall or equivalent protection is in place to protect against unauthorised external access.

8. Device Management

8.1. Calibration Verification Management in Spirotrac

All spirometry standards (e.g. ATS/ERS/BTS/ANZRS) recommend checking the calibration of lung function measuring devices at least daily with a 3-L syringe, regardless of the flow measuring technology, to validate that the instrument is measuring accurately. The system should never be outside calibration limits unless the measuring device is damaged or faulty. In this event, refer to our fault-finding guide. In normal use, calibration traceability certification is recommended as a part of the routine annual service.

ATS/ERS recommendations require that the difference between the volume measured by the spirometer and the volume pumped into the spirometer from a syringe is within $\pm 3\%$ ($\pm 2.5\%$ for spirometers plus $\pm 0.5\%$ for calibration syringes).

Routine user calibration verification checking should be performed:

- before the instrument has been dismantled

- after the instrument has been dismantled
- after cleaning
- if damage is suspected
- after annual maintenance checks
- after adjusting calibration
- if the flowhead has been dropped

The equipment used to perform the calibration verification should itself be certified and traceable to national or international standards. All measuring equipment should be checked for accuracy on an annual basis. Although it is not a specified requirement, a routine annual service on this equipment is strongly recommended. Mandatory daily calibration verification can be switched on and off in the Application Settings refer to [Section 9.2.4](#).

Note: It is recommended that the Vitalograph Precision 3 Litre Syringe is used to perform accuracy checks. This has an accuracy of +/-0.5%.

8.1.1. Performing a Calibration Verification

To perform a calibration verification:


1. Attach Vitalograph device flowhead to precision syringe.



2. On main dashboard, select the Perform Calibration Verification link.
3. Pump air through flow head as instructed to ensure that the flowhead is at ambient temperature before calibration verification is performed.
4. Enter the mandatory syringe serial number and syringe volume.
 - a. Optional information of temperature, ambient humidity, barometric pressure, and altitude can also be entered in the available fields. If temperature is not entered it will be automatically measured by the device.
5. Select Start button and follow on-screen instructions.
6. For each stroke, press in and immediately withdraw the syringe with a smooth, firm stroke (not too slowly) maintaining a consistent flow rate to verify both expiratory and inspiratory
7. Three repeatable syringe strokes within 3% of the syringe volume are required, it is recommended to use varying flow rates.
8. Follow on-screen instructions. The software will advise as to whether to adjust the calibration or not. If an adjustment is recommended, select the Recheck button and follow the on-screen instructions
9. Once all expected strokes are performed, the software will advise as to whether to adjust the calibration or not. If an adjustment is made, the calibration verification must be repeated..
10. A faulty equipment or technique message shall be displayed if three consecutive strokes are outside the reproducibility limit of 3% or the percentage difference from the syringe volume is more than 25%. Contact Vitalograph if failure is persistent.

8.1.2. View/Export/Print Calibration Verification History

Spirotrac maintains a Calibration History Log which is updated each time a calibration check is performed with the Pneumotrac in Spirotrac. You may view and export the calibration history log:

1. View the Calibration history by clicking on the main dashboard under Calibration Verification and Select Verification History. A list of all calibration verifications shall be displayed. To view more information select an individual calibration from the list. Filtering options are available.
2. Select the Export button 
3. Choose your preferred filter option and take note of the export location prior to selecting Export. The exported log may be printed using Microsoft Excel.

8.2. Select another device

Spirotrac will remember the last device used for each test type. To change the selected device:

1. On selecting Select Test, click Select A Different Device before selecting the required test type.
2. Select the required test type, Spirotrac shows the list of detected devices.
3. Select the required device and continue testing as per [Section 6](#).

9. Application Settings

On the dashboard, select Settings icon from main menu. This allows settings to be adjusted across various functions.

9.1. Subject Data Settings.

Allows the user to select which Subject data entry fields are available.

1. Data entry fields can be enabled/disabled. When disabled, the fields do not appear on the subject entry/edit screens.
2. A selection of custom fields may be used to record additional information e.g., record subject occupation.
3. Units of measurements used for Height and Weight can be configured.
4. Subject ID can be entered manually or configured to allow the software auto-generate the ID. Alternatively, Swedish and Norwegian ID can be configured.

9.1.1. Population Groups and Predicted Values

Allows the user to configure the Population groups available. By default, the predicted sets used are those as recommended by the Global Lung Function Initiative (GLI).

1. Population Groups can be adjusted by aligning an appropriate Predicted Set to them while also applying a correction factor.
2. Population Groups can be adjusted by aligning an appropriate race.
3. The Population Group can also be re-labelled.
4. Population Groups can be enabled/disabled as required.
5. To create a New Population Group select Create button and follow the on-screen instructions.

Note: Predicted sets are named after author/paper and contain a subset of parameters. All other predicted parameters are taken from Vitalograph's background set. For more information on this contact Vitalograph (Refer to contact information at the start of this manual)

9.2. Test Settings

Allows the user to configure general test settings:

Visit Label text

Visit Creation Type: Automatic or Manual. Manual allows advanced users to create a visit and record additional information before testing.

9.2.1. FVC Settings

The following FVC settings are available:

1. Parameters: Turn On/Off FVC parameters required for testing, refer to [Section 6.1.2.2](#).
2. Select whether to apply the session parameters chosen for the session to the report, or use the report's own predefined parameter list in the Reports configuration. Extended Parameter Information:
 - Columns in test results table can be made visible/hidden.
 - Information on the Analysis tab can be made visible/hidden.
 - I-bars/Graph Indicators on the graphs can be made visible/hidden.
3. Interpretations: Configure availability of interpretation information such as System Interpretation. Choose from:
 - Gold ATS/ERS
 - ATS/ERS 2021
4. Reference Curve: Set a reference session for a subject to facilitate comparisons between a baseline session and the current session, refer to [Section 6.1.7](#)
5. Testing Options:
 - Select which test(s) are visible on graphs during testing.
 - Select whether the system will automatically accept/reject each test based on ATS/ERS test quality criteria.
 - Select whether the system will automatically end the test or enforce the user to end the test manually (useful for COPD subjects).
 - Select whether or not ability to change the designation of a test is available to the user in the test screen
6. Incentives: Choose from a selection of incentives and configure target values.
 - Start at % FVC: This represents the percentage of the predicted FVC value which must be reached for the incentive to start during the forced manoeuvre.
 - Target Values: This represents the FVC to be achieved for the incentive to play out fully i.e., for candles, this represents volume at which all candles will blow out. The target will use % of predicted for the first blow and % of the best for all subsequent blows.

Note: To unlock all incentives, please register your software, refer to [Section 11.4](#).

9.2.2. VC Settings

The following VC Settings are available:

1. Parameters: Turn On/Off VC parameters required for testing. Refer to [Section 6.1.2.1](#)
2. Extended Parameter Information:
 - Columns in test results table can be made visible/hidden.
 - I-bars/Graph Indicators on the graphs can be made visible/hidden.

3. Testing Options:
 - Select which test(s) are visible on graphs after each test.
 - Select whether the system will automatically accept/reject each test based on ATS/ERS test quality criteria.
 - Select whether the system will automatically end the test or enforce the user to end the test manually (useful for COPD subjects).
4. Incentives: Choose from selection of incentives and configure target values. Refer to [Section 9.2.1](#) for more details

Note: To unlock all incentives, please register your software, refer to [Section 11.4.](#)

9.2.3. PCF Settings

The following PCF settings are available:

1. Select which test(s) are visible on graphs after each test.

9.2.4. Accuracy Settings

The following General Settings are available:

1. Configure whether a daily calibration verification check is required.
2. Environmental Variables can be made visible/hidden.

9.2.5. ECG Settings

The following ECG Settings are available:

1. Parameters: Turn On/Off ECG parameters required for testing. Refer to [Section 6.2.2](#)
2. Recording Settings:
 - Maximum Recordings
3. Recording Duration Analysis Settings:
 - Analysis QTc Parameter for Glasgow algorithm
4. Filter Settings:
 - Select appropriate filter required.

9.2.6. MIP, MEP and SNIP Settings

The following settings are available:

1. Parameters: Turn On/Off parameters required for testing.
2. Extended Parameter Information:
 - Columns in test results table can be made visible/hidden.
3. Testing Options:
 - Select which test(s) are visible on graphs after each test.
 - Select repeatability percentage limit to be used (applies to MIP & MEP only).

9.2.7. Oscillometry Settings

The following settings are available:

1. Enable Oscillometry: Turn On/Off the test type and configure Tremoflo for use with Spirotrac.
2. Enter Tremoflo user details, refer to [Section 6.5](#)
3. Configure Oscillometry: Allows for changes to the Tremoflo application settings to be synched with Spirotrac.

9.2.8. MVV Settings

The following MVV Settings are available:

1. Parameters: Turn On/Off MVV parameters required for testing. Refer to [Section 6.11.3](#)
2. Extended Parameter Information:
 - Columns in test results table can be made visible/hidden.
3. Testing Options:
 - Select which test(s) are visible on graphs after each test.

9.2.9. ArtiQ Settings

To facilitate communication with ArtiQ services the following must be configured:

1. Enable/disable the ArtiQ functionality.
2. Enter the ArtiQ account credentials to be used and select Save. To create an account, contact ArtiQ at: support@artiq.eu

9.2.10. Challenge Settings

1. To configure Challenge test protocol settings:
 - Mannitol
 - Configure Dose, units and timer duration.
 - Configure the Recovery timer duration
 - Methacholine
 - Delivery methods :
 - a. High Output Nebulizer
 - b. Slow Volume Nebulizer
 - c. Other
 - Configure Concentration/Dose, Doser timer for the delivery method.

- Configure the Recovery timer duration
- The default values for High Output nebulizer and Slow Volume Nebulizer are derived from the ERS technical standard on Bronchial challenge testing and the manufacture's recommendations.
- The Other delivery method will not have any default values displayed.
- "Refer to ERS Technical Standard on Bronchial Challenge Testing (2017) before adding or making any changes to the values in each delivery method"

2. Select the Axis Markers on the Dose Response Curve

9.2.11. Feno Settings

Biological QC: Enabling this setting will enforce a biological QC process. A QC check of the NIOX VERO should be performed by a qualified biological control tester at your site at the start of each testing day. The purpose of this test is to confirm that the instrument is measuring consistently. Refer to NIOX VERO user manual for further details. If the user tests without a valid QC session, the data will have a status of rejected ([See Section 6.12.2](#))

6.12.2 Evita Settings

Evita (Expert Virtual InTeractive Assistant) is available within the software to allow healthcare professionals to quickly access up-to-date guidelines and provides simplistic patient centric messages. The following settings are available:

1. Enable Evita Guide: Turn On/Off the Evita Guide menu option for accessing up-to-date guides and protocols.
2. Enable Evita Evaluation: Turn On/Off the Evita evaluation after each test and pop-ups when fixed comments are selected.
3. Enable Evita Alerts: Turn On/Off all Evita visit and session alerts

9.3. Groups Settings

Groups can be created to facilitate assigning subjects into groups such as different healthcare clinics or companies for Occupational Health.


1. To create a new Group select Create button and follow on-screen instructions.
2. To allocate a subject to a Group, go to the Subject Add/Edit screen and use drop-down menu to select the required Group.
3. To default the subject search to a specific group, select a Group as the active group via the top menu.

9.4. Drugs Settings

1. Drug details can be created to facilitate quick selection of reversibility drug information during post testing.
2. To create new Drug details select Create button and enter the information as requested. These shall then be
3. available for selection in the Post FVC test screen, refer to [Section 6.1.1](#)

9.5. Users Security Settings

1. Enable/disable user login requirements, including enabling use of active directory accounts.
2. Create and manage users of the system, including password reset and password expiry.
Note: When a user's password has expired, they will be required to reset their password before they can log in.
3. Users can manage their own password and security question by selecting the 'CHANGE MY PASSWORD' option under User information on the main toolbar.
4. Disable users who should no longer have access to the system.
5. An administrator can trigger a password reset for users who have forgotten their password.
6. To create a new User, select Create button and follow on-screen instructions.
7. When active directory integration is enabled, only an active directory admin user has the option to import active directory users. This admin user is required to re-enter their active directory password. After selecting the

Connect button, select  button to add new active directory users.



Note: When editing a user, ensure the user is not currently logged in.

Note: When active directory integration is enabled, neither the password reset, the forgot my password nor the password expiry features are available.

9.6. Security Settings

1. Enable/disable Audit Annotation to control whether the user is required to enter a reason for changes to data.
2. Set the duration of inactivity after which the application will lock.
3. Manage the user Lockout Policy Settings.

9.7. Database Settings

1. Database connections can be created and managed.
2. Users can control which database the application uses by selecting the preferred database as current.
3. To create a new DB connection, select  button and follow on-screen instructions.
4. Database backups for local databases only, can be controlled, including preferred location for the backup files.
5. A database restore can be performed by selecting  button and follow on-screen instructions.

9.8. Vitalograph Connect Settings

To facilitate the exchange of data with EMR systems the following must be configured:

1. Enable/disable the Connect functionality.
2. The Connect URL must be provided.
3. Enable/disable Auto Process Orders (for more information ref [Section 11.6.2.1](#)) and select the required default population group to be used.

Note: For all other configuration, see *Vitalograph Connect IFU*.

9.8.1. Enable restricted mode when using with EMR

Spirotrac provides the option to restrict access to some functions when using with EMR system.

1. To launch in restricted mode, invoke Spirotrac with the following run time argument: --emr
2. When running in restricted mode the user shall not have access to the following functions:
3. Subject Search
4. Subject Add
5. Report Configuration

9.9. Language Settings

1. Select the required display language from the drop-down list.

Note: This action will require the software to be re-started.

10. Reporting and Printing

Creating an electronic or paper report of a session:

1. Select a subject, refer to [Section 5.3.1](#)
2. Choose either a new session or an existing session.
3. Select *Print* button.
4. The report generator displays a preview.
5. Comments can be added to the report
6. For paper report: Choose destination printer.

or


For electronic report: Choose file format (the default is PDF). Select Export button. Choose location for the file and select Save. Note: The file name format can be set in report settings (refer to section 9.2)

7. The current session can be returned to the EMR

10.1. Combine Multiple Reports into one PDF or printout

To combine multiple reports into one single report, do the following:

Select a subject, refer to [Section 5.3.1](#).

Select the report icon of the required visit.  Select the sessions to be included in the PDF and select Print button.

The report generator displays a preview.

For paper report: Select Print, choose destination printer and print.

or

For electronic report: Choose file format (the default is PDF). Select Export button. Choose location for the file and select Save.

10.2. Report Template Settings

To configure data on a report for a specific session type:

1. Select Reports.
2. Select the report template to be configured, e.g., FVC Base, FVC Post etc.
3. Each report will have a number of sections containing configurable items that can be turned on/off depending on your user preferences e.g.
 - Header Information: to configure report title, header, and logo
 - Subject Information: to enable/disable which subject data is reported
 - Session Information: to enable/disable which session information is reported
 - Parameter Information: to enable/disable which parameters, including the order, and which columns are reported in the test results table of the report
 - Advanced: to configure which graphs, interpretations and notes are reported
 - Print Options: choose file name format from the drop down list. Options are:
 - Report Type, Assessment Date, Subject Number
 - Report Type, Assessment Date, Subject Name
 - Report Type, Assessment Date, Subject Number, Subject Name
4. Select Save on each section.

11. Other functions

11.1. Start-up / Logon

Note: Users who have been added to the Spirotrac software will have their own Username and Password.

1. The logon screen opens on start-up.
2. Enter Username and password and select Login. When Active Directory is enabled (refer to [Section 9.5](#)) ensure domain information is correct.

Note: Multiple attempts to login can lock the account. The number of attempts and lock duration are set in security settings, refer to [Section 9.6](#)

11.1.1. Forgotten Logon Details

To set new login details when a user has forgotten their login details/password:

1. Select Forgot Username or Password on the Login screen.
2. When username is known, enter username and follow the on-screen instructions. The password is now reset and ready to use.
3. When username is unknown for Technician user, contact your local Spirotrac Administrator user to reset your password, refer to [Section 9.5](#)
4. When username is unknown for the Administrator user:
 - a. Contact technical support for an unlock code. Contact information is at the start of this manual.
 - b. Enter the unlock code as provided by Vitalograph. This will be validated by Spirotrac.
5. Select your username and follow the on-screen instructions. The password is now reset and ready to use.

Note: This feature is not available when Active Directory integration is enabled.

11.2. Audit Trail

The software records an audit trail of activity. Each event contains the following minimum information:

1. Date/time of event.
2. User logged on.
3. Event description.
4. Event detail including user annotation as appropriate. The enforcement of user annotation can be enabled/disabled, refer to [Section 9.6](#)

To view audit trail, select Audit Log icon from the main menu on the main dashboard. The audit trail can be filtered by user, event type or date range.

Note: Only Admin users can access the audit trail.

11.3. Database Management

The Database Studio application is included on the Spirotrac installation media. It provides the following features for Spirotrac:

- Creating a new Spirotrac 6 Database.
- Migrating Spirotrac V Subjects and data to Spirotrac 6.
- Upgrading Spirotrac 6 Database
- Backup and Restore a Spirotrac 6 Database
- To install, run Setup from the Spirotrac 6 USB flash drive and select to Install Database Studio.

11.3.1. Create a new Spirotrac 6 Database

Database Studio is used to create a new Spirotrac 6 Database:

- SQL Server 2014, 2019 and 2025 is supported.
- Note:** When using Spirotrac on a SQL instance not provided by Spirotrac, consult with your SQL Server Database Administrator to ensure Filestream is enabled.
- Ensure the version of Database Studio being used is compatible with Spirotrac 6 by checking the software version number is the same.

To create a new Spirotrac 6 database:

1. Run Database Studio.
2. Select *Create Database*.
3. Select *Instance*. This will list locally available SQL instances.
4. Specify *Database Name*. This must be an alphanumeric value between 3 and 50 characters in length that is also unique compared to other databases that already reside on the given instance.
5. Select *Create*.

11.3.2. Migrate Spirotrac V Subjects and data to Spirotrac 6

Database Studio can be used to migrate Subject data from Spirotrac V version 1.19 or later to Spirotrac 6:

- Check Spirotrac V is version 1.19. Upgrade if required.
- Subjects are migrated by Number - where a Subject already exists in Spirotrac 6, ensure the same Number is used in Spirotrac V.
- Delete subjects that are not desired candidates for migration.
- Merge Spirotrac V databases prior to migration.
- Backup the Spirotrac 6 database.
- Close all applications connected to Spirotrac V and 6 databases.

To migrate subject data to Spirotrac 6 database:

1. Run Database Studio.
2. Select New Migration
3. The following information is mandatory:
 - a. *Migration Name* - Enter a name for the migration or use the default – this will appear in the migration log afterwards.
 - b. *Source Server, Source Destination* and *Authentication* information of the Spirotrac V database.
 - c. *Destination Server, Destination Database* and *Authentication* information of the Spirotrac 6 database.
4. Select *START*.

11.3.3. Upgrading a Spirotrac 6 Database

Database Studio can be used to upgrade a Spirotrac 6 Database to the current version. Before upgrading:

- Backup the Spirotrac 6 database.
- Close all applications connected to the 6 database.
- Ensure the version of Database Studio being used is compatible with Spirotrac 6 by checking the software version number is the same.

To upgrade a Spirotrac 6 database:

1. Run Database Studio.
2. Select Upgrade Database.
3. Under Authentication, select either SQL or Windows.
4. Select or enter Instance.
5. If SQL authentication is selected, enter Username and Password select CONNECT.
6. Select Database. Only databases requiring an upgrade are listed.
7. Select Upgrade.

11.3.4. Performing a backup or restore of a Spirotrac 6 Database

Database Studio can be used to backup or restore a Spirotrac 6 Database (ref [Section 11.3](#)).

Before performing a database backup:

- Close all applications connected to the Spirotrac 6 database.

To backup:

1. Run Database Studio.
2. Select Backup Database.
3. Under Authentication, select either SQL or Windows.
4. Select or enter Instance name.
5. If SQL authentication is selected, enter Username and Password
6. Select CONNECT.
7. Select Database.
8. Select Backup Location and browse to the required location.
9. Select Backup.

Before restoring a database:

- Backup the Spirotrac 6 database.
- Close all applications connected to the Spirotrac 6 database.
- Ensure the SQLservice account has read/write access to the selected location

To restore a Spirotrac 6 database:


1. Run Database Studio.
2. Select Restore Database.
3. Under Authentication, select either SQL or Windows.
4. Select or enter Instance name.
5. If SQL authentication is selected, enter Username and Password select CONNECT.
6. Enter Database name.
7. Select Backup File and browse to the required location. Note: full network location needs to be supplied when restoring a backup file from the network
8. Select Restore.
9. Note: When the filestream location of the database backup differs from the filestream location used by the destination server, use the Custom FileStream location option to indicate the custom location to be used.

11.3.5. Setting/changing the database used by Spirotrac.

- Database Studio can be used to set/change the database used by Spirotrac.
- Before setting/changing the current database:
 - Check Spirotrac 6 is installed on the same system and ensure it is not running.
 - Ensure the version of Database Studio being used is compatible with Spirotrac 6 by checking the software version number is the same. The correct version of Database Studio can be installed by choosing *About* in Spirotrac and selecting *Database Studio Installer*.
- To change the database:
 - Run Database Studio.
 - Select *settings on the left menu*.

- Select or enter SQL Server instance name.
- Under Authentication, select either SQL or Windows.
- Select database from the drop down list.
- Enter Database label.
- Click save.

11.4. Licensing/Registering the software

When Spirotrac is first installed, certain features of the software are locked by default. Locked features are identified with a  To activate your copy of Spirotrac and unlock all features, click on the license icon in the main menu at any time and follow the on-screen instructions to obtain an activation code. If an internet connection is not available on the PC Spirotrac is installed browse to <https://vitalograph.com/technical-support/product-registration> to obtain an activation code. You will need to register your device serial number first followed by your Spirotrac PIN. Once you have retrieved your activation code, enter it in Spirotrac and select ACTIVATE.

11.5. Application Exit

11.5.1. Locking the Application

To lock Spirotrac if leaving the workstation for a period of time:

1. Select *Lock* icon from the main menu on the main dashboard.
2. Spirotrac is now locked and will require the user to login again to unlock.
3. The application will automatically lock after a configurable amount of time, refer to [Section 9.6](#).

11.5.2. Logging Off

To log off the system:

1. Select Log Off icon from the main menu on the main dashboard.
2. Following confirmation, you will be logged off Spirotrac. Another user may now log on.

11.5.3. Shutting Down

If you are finished using Spirotrac it should be shut down.

1. Select *Exit* icon from main menu on the main dashboard.
2. Following confirmation, Spirotrac will shut down.

11.6. Integration with Vitalograph Connect

Spirotrac integrates with Vitalograph Connect to support the exchange of electronic healthcare information with Electronic Medical Record (EMR) systems. Health Level 7 (HL7), FHIR and GDT protocols are supported. The Vitalograph Connect application is located on the Spirotrac installation media. To install, browse the media contents, run the *Setup* application, and select to *Install Connect*.

11.6.1. Setup Spirotrac 6 for use with Vitalograph Connect

Note: For Vitalograph Connect setup and configuration see *Vitalograph Connect specific IFU*.

The exchange of data with EMR systems must be setup and enabled from within Spirotrac 6 also, refer to [Section 9.8](#)

11.6.2. Performing EMR Requested Test and Return Results

When Spirotrac receives a test request/order for a subject from an EMR system, the count of pending requests is visible on the main dashboard.

1. Click on *New Order(s)* to view the list of requests received and awaiting attention.
 - An option shall be available to filter orders by subject name and subject id.
2. Identify the EMR request for the subject you wish to process. Select *Start Testing*. This will select the subject associated with the EMR request. **Note:** When race is either not provided on inbound order or does not match an existing population group, you will be prompted to edit the subject.

Note: The order will move back to the queue when the *deselect* button is clicked, if no testing was performed..
3. To perform testing, follow instructions as per [Section 6](#)
4. When testing is complete, the test session can be returned to the EMR system, select *Return Order* from the main dashboard.
5. Ensure the correct results to be returned are selected.
 - a. You may need to scroll through Test Orders where more than one exists for the subject.
6. Select *Return* to transmit the session data for the selected EMR request(s).
7. An option shall be available to return either individual reports per session or one Combined PDF for the selected session(s).

Note: All orders where testing has been performed but not yet returned to the EMR system can be viewed by clicking the *Open Order(s)* section.

11.6.2.1. Allowing Auto Processing of orders

Where clinics require only one request to be submitted at any one time, it is possible to configure Spirotrac to process EMR Test Requests and Results Return more seamlessly.

1. Enable Auto Process Orders via Settings, refer to [Section 9.8](#)
2. When Auto Process Orders is enabled, click on *New Order(s)* to automatically select the order and

associated subject. **Note:** For EMR systems which do not supply any subject population group information, the default population group to be associated with new subject(s) can be set via settings, refer to [Section 9.8](#)

3. To perform testing, follow instructions as per [Section 6](#)
4. When testing is complete, the test session can be returned to the EMR system, select *Return Order* from the main dashboard to transmit the session data for the EMR request.

11.6.2.2. Returning Unsolicited Results to EMR

Test session data can also be returned for subjects that do not have a pending EMR test request. In this case only an unsolicited message can be returned to the EMR. Note: This is only applicable when enabled in Connect, for details refer to Vitalograph Connect IFU.

1. Ensure Vitalograph Connect is setup and configured, and enabled for Spirotrac, refer to [Section 11.6.1](#)
2. If not already selected, select the subject whose test results you intend to transmit back to the EMR system, refer to [Section 5.3.1](#)
3. Select *Send Unsolicited* from the subject screen.
4. Select the results to be returned.
5. Select *Return* to transmit the session data.

11.6.2.3. Viewing EMR Recall orders

When Spirotrac receives a view request/order for a subject or session from an EMR system, it is included in the count of pending requests visible on the main dashboard.

1. Click on New Order(s) to view the list of requests received and awaiting attention.
2. Identify the required EMR request and select View. This will select the subject/session associated with the EMR request.

Note: The View button is disabled/greyed where a request has been received but the subject or session cannot be found in the database. Please check that the correct subject and session information has been supplied from the EMR system.

11.7. Application Updates

When Spirotrac is opened it automatically checks for any available software updates. If an update is available, the release notes for the update will display, listing new features and changes. Selecting install will begin the process of downloading and installing the update. At any point the download may be cancelled and Spirotrac will check for updates again two weeks later.

Note: Both the update check and the update itself require an internet connection. When an update for Spirotrac is downloaded, an update for Database Studio is also downloaded (Refer to [Section 11.7.2](#)).

Note: The automatic updates prompt can be disabled either directly from the prompt or at any time via Settings > Security > Notify Software Update. Updates shall remain available via the about box, see [Section 11.7.1](#).

11.7.1. Manual check for updates

To manually check for updates:

1. Click About on the main menu.
2. Select Check for Updates beside the product version.
3. If an update is available, the release notes will display.
4. Select install and follow the onscreen instructions to complete the update.

11.7.2. Database Studio updates

When an update for Spirotrac is downloaded, an update for Database Studio is also included.

To complete the Database Studio update:

1. Click on About in the main menu.
2. Select the Database Studio installer button to view the installer folder (located at C:\ProgramData\Vitalograph\Database Studio\Installer).
3. Click on the installer to complete the process.

11.7.3. Connect updates

To detect and download Connect updates:

1. Click on About in the main menu.
2. Select the *Check for Connect Updates* button.
3. If an update is available, the release notes will display.
4. Select *Download Updates*.
5. Once download is complete, run the installer to install the latest version.

Note: Administrator rights are required to install an update.

Note: Connect Updates check is not available when running on a COMPACT.

11.8. Consumables Tracker

- Spirotrac includes an optional consumables tracker which facilitates the following: Automatically decrements the BVF stock count when spirometry testing is performed and alerts the user via visual colour indicator when the count is <20. Allows user to update their BVF stock count manually as well. User can disable this feature in settings

12. Cleaning & Hygiene

See relevant device IFU.

13. Fault Finding Guide

13.1. Spirometry

Problem Fault Symptoms:	<ul style="list-style-type: none"> • Not measuring flow.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Ensure tubing is connected correctly. Ribbed side of tubing should be connected to ribbed half of connector on the Vitalograph device.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Incorrect or no volume measurements.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Ensure tubing is connected correctly. Ribbed side of tubing should be connected to ribbed half of connector on the Vitalograph device. • Ensure that connectors are clear of obstruction or dirt and that they are inserted fully. • Ensure tubing is not kinked or squeezed.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Excessive calibration drift.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Flowhead may not be clean. Clean flowhead thoroughly. • Contact the nearest dealer for replacement flowhead.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Test performed but does not show on screen.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Check device is connected to PC correctly. • Check tubing is connected correctly between flowhead and device (same colour connector at both ends).
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Report does not print all tests. • Report does not print some parameters.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Check the correct report settings are set up in the application. • Check the required parameters are selected in report settings. • Check whether session parameters are configured to override report parameters
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Communication error message appears when entering the Test screen or the calibration verification screen.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Ensure the Vitalograph device is attached correctly.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Calibration Verification variations > +/- 3%
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Perform a re-verification. • Was the correct syringe volume entered? • Check there is no leak in the connection of the flow head to the syringe and that the correct mouthpiece and adapter are used • Check that the tubing connectors are clear of obstruction or dirt and that they are inserted fully. • Check the tubing is not kinked or squeezed. • Ensure the calibration syringe is emptied and filled in one smooth action during verification • Was air pumped through the flow head when instructed to ensure no differences between room temperature and that of the calibration syringe and flowhead • Ensure flowhead is clean. • Contact Vitalograph.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Device does not appear for selection on entrance to test screen.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Device is not connected to your PC correctly, see relevant device IFU • Drivers did not successfully install. To install drivers manually, Run Setup from USB Flash Drive and Select "Install USB Pneumotrac"

13.2. ECG

Problem Fault Symptoms:	<ul style="list-style-type: none"> • The Bluetooth driver requests the entry of a PIN.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • The device is no longer paired and is trying to establish a fixed connection. • Enter "1111" and confirm.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • One or several electrode contact points are flashing despite the electrodes being applied.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Electrode contact is poor. • Check electrode positioning and skin contact. • Press electrodes firmly on the skin. Shave any hair or clean the skin. Use abrader tape. Replace the electrode. • If the above-mentioned measures show no improvement, the cable might be defective. Please send the device back to the manufacturer for repairs.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • A beep sounds: 2 seconds on, 2 seconds off, for 1 minute.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Wireless connection is interrupted. • Reduce the distance to the receiver unit or remove any existing obstacle.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Beep sounds at the same frequency as the flashing electrode contact points.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Electrode has possibly come loose during measurement. • Check the electrode contact. Replace the electrode, if necessary.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • "Connection error" message is displayed on the monitor.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • PIN was not correctly entered. Reconnect with the device and enter PIN "1111". • ECG device is not switched on. Switch device on. • Bluetooth dongle is not plugged into USB port of the PC. Insert the Bluetooth dongle in free USB port. • Device is paired with another monitor. Unpair the device by pressing the button for 20 seconds.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • When the monitor starts, the error "Bluetooth error, No dongle..." occurs.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Bluetooth dongle is not plugged into USB port of the PC. Insert the Bluetooth dongle in free USB port. • Bluetooth driver software is not installed. Install Bluetooth driver software. (Installation instructions included in delivery.)
Problem Fault Symptoms:	<ul style="list-style-type: none"> • The ECG device cannot be found on entrance to test screen.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Ensure Bluetooth is enabled on your PC via Bluetooth and Other devices settings • Turn on BT ECG device before initiating an ECG session. • For BT12: The ECG device is paired. In this state, the device is not visible. Unpair the device by pressing the button for 20 seconds. • For BT Norav: Ensure device is paired (go to Section 6.1.1) • Refer to the device IFU
Problem Fault Symptoms:	<ul style="list-style-type: none"> • During recording, red lines are occasionally displayed in the ECG signal.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • There are transmission errors. • The ECG device is out of range. • One or several electrodes do not have proper contact. • Bring the ECG device back into range of the receiver. Check electrode positioning and skin contact.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • After the recording, red lines are occasionally displayed in the ECG signal.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • There were transmission errors during recording. • ECG device was out of range temporarily during recording. • One or several electrodes did not have proper contact during recording. • Check electrode positioning and skin contact.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • During recording, pacemaker pulses were detected (incorrectly) and marked in red.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • When electrode contact is poor, it can lead to false pacemaker detection. • Check electrode positioning and skin contact or deactivate pacemaker detection for patients without pacemakers.

Problem Fault Symptoms:	<ul style="list-style-type: none"> • ECG device cannot be found after disconnecting and re-connecting the Bluetooth dongle.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Bluetooth settings are initialised on application start up. • Restart Spirotrac. • For BT12: Unpair the device by pressing the button for 20 seconds • For BT Norav: Ensure device has been turned on and initialise has completed
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Error message “Unable to communicate with the device.” is displayed when attempting to start recording with BT Norav device
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • The device was not initialized before selecting “Start Recording.” Please wait 10 seconds or until the device initialization is complete, then try again. • Ensure device is switched on and has adequate battery levels • Ensure device is in range.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Flat lines appear for all leads during testing
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Device has lost power.

13.3. Oscillometry

Problem Fault Symptoms:	<ul style="list-style-type: none"> • Oscillometry Test type is not listed.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Oscillometry has not been enabled. • In Spirotrac settings go to Testing – Oscillometry, select enable and save.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Oscillometry is not configured.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Oscillometry testing may be enabled but Tremoflo software was not installed. • Tremoflo software was not installed in the default folder location. • Install Tremoflo from the Spirotrac installation media, ensuring it is installed in the default folder location. • Consult the Tremoflo user manual for further details on software setup.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Failure to Launch Tremoflo software.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Check Tremoflo device is connected to PC correctly. • Check that Tremoflo hardware setup has been completed. Consult the Tremoflo user manual for details on hardware setup.

13.4. FeNO

Problem Fault Symptoms:	<ul style="list-style-type: none"> • DEVICE NOT FOUND displayed on entrance to test screen
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Ensure device is connected to power supply, connected to PC/COMPACT and is switch on • If the NIOX VERO is in sleep mode, tap the screen to wake it up so that it will connect to the Spirotrac.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Test was performed on device but no results were saved in Spirotrac
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • The flow rate was incorrect during exhalation or was not maintained for the full 10 seconds. When this happens a Measurement Failed error occurs (e.g. A10=too forceful, A11=not forceful enough). The test should be repeated using the correct flow rate.
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Device temperature outside range
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • leave device idle for 2-3 minutes and wait until the testing is possible

13.5. Integration with Vitalograph Connect

Problem Fault Symptoms:	<ul style="list-style-type: none"> • I have an orange ‘Not Connecting’ warning under Connect EMR
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> • Ensure your Spirotrac is configured correctly, go to Settings -> Connect and click on Test Connection. • Ensure your Connect is configured and running, see Vitalograph Connect specific IFU
Problem Fault Symptoms:	<ul style="list-style-type: none"> • Order is not appearing in Spirotrac

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Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> Request received from EMR system has errors. <ul style="list-style-type: none"> Open Connect Application and check if there are errors (See Vitalograph Connect specific IFU) Order was started in Spirotrac but application was closed before testing was performed. <ul style="list-style-type: none"> Search for the subject on Spirotrac manually. <p>Note: <i>If and only if, search is not available, go to Connect application and find the 'Allocated' order and Cancel. Re-request your test from your EMR.</i></p>
Problem Fault Symptoms:	<ul style="list-style-type: none"> Message appearing on shutdown indicating unreturned order(s) exist
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> Testing was performed but not returned to the EMR system. Ensure your test results are returned to the EMR system, go to Open Order(s) , select your order, and return results by clicking 'Return Orders' button. Testing was performed by another spirotrac user and not returned to the EMR system.

13.6. General

Problem Fault Symptoms:	<ul style="list-style-type: none"> Account Locked.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> If you enter your password incorrectly 3 times the account becomes locked for a configurable amount of time, .e.g., 15 minutes. Retry again after this time has lapsed or contact your Spirotrac Admin user.
Problem Fault Symptoms:	<ul style="list-style-type: none"> Failure to create or connect to default database.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> SQL was not installed during installation. To use a local database, login to PC as an administrator user and install SQL from the Spirotrac setup.hta. To use a network database, create the database on the network server using Database Studio Ensure your SQL server is running
Problem Fault Symptoms:	<ul style="list-style-type: none"> Some features are locked/unavailable.
Possible Causes/Solutions: (In probable order)	<ul style="list-style-type: none"> Your product may not be registered. For instructions on how to activate your license, see Section 11.4 Licensing/Registering the software

14. Customer Service

Service and repairs should be carried out only by the manufacturer, or by Service Agents specifically approved by Vitalograph.

For the names and addresses of approved Vitalograph Service Agents or to arrange spirometry workshops or training, please refer to the contact information at the start of this manual.

Any serious incident that has occurred in relation to the device should be reported to Vitalograph or its Authorized Representative and the Regulatory Authorities of the country. Refer to the Vitalograph contact information at the start of this manual.





This IFU is available on the Vitalograph website at the following location:







www.vitalograph.com/ifu/Vitalograph_Spirotrac_6_Software_IFU

15. Disposal Instructions

See relevant device IFU.

16. Explanation of Symbols

Symbol	Description
	Manufacturer
	Year of Manufacture (Date format YYYY-MM-DD)
	USB connector
	The device must be taken to separate collection at the product end-of-life. Do not dispose of these products as unsorted municipal waste.

	QR code - matrix bar code. All information in the bar code is included in the text under it.
Rx only	Caution: Federal Law restricts this device to sale by, or on the order of a physician.
	Serial number
	Medical Device
	Country of Manufacture
	Use by Date (BVF and Nasal Probe)
	Do not re-use (BVF and Nasal Probe)


17. Description of the Vitalograph Spirotrac

Vitalograph Spirotrac is a Microsoft Windows based computerized Spirometry system for lung function testing in a variety of professional healthcare environments, e.g., primary care, hospitals and occupational health centres. In a clinical setting, the measurements obtained from a lung function test form part of the findings of a physician in the detection, diagnosis and control of chest diseases. Spirometry may support or exclude diagnosis, but it cannot make one. Spirometers are also used in non-clinical settings such as occupational health screening where no clinical judgment is made, suspect findings leading to a referral to a clinician. Vitalograph Spirotrac is intended for use by medical professionals trained in respiratory and lung function testing. Apart from this instruction manual, there are no other training requirements for the medical professional.

18. Technical Specifications

Product	Vitalograph Spirotrac
Model	7000
Processor Speed	2GHz or greater
RAM	2GB (minimum) 8GB (recommended)
Disk Space	1GB or greater If the .NET Framework version 4.8 is not already installed, this will require an additional 4.5GB of hard disk space. If SQL Server Express is not already installed, this will require an additional 6GB of hard disk space. Supplied with SQL Server 2025 Express
Operating System	Windows 10 (64-bit) Windows 11 (64-bit)
Monitor Display	1280 x 800 pixels minimum, higher recommended.
Other	<ul style="list-style-type: none"> • Microsoft .NET Framework 4.8 • Mouse • 1 x USB port minimum for Pneumotrac/Alpha/In2itive spirometry device and software installation • Bluetooth support for BT-12 and Norav BT ECG device • 1 x ethernet port minimum for connection to Vitalograph Tremoflo C-100 device to perform Oscillometry
Performance standards the Vitalograph Spirotrac meets or exceeds	ATS/ERS 2019, ISO 23747:2015 & ISO 26782:2009

19. Electromagnetic Compatibility (EMC) Standards

Marking by the symbol  indicates compliance of the Vitalograph Spirotrac Model 7000 to the Medical Devices Directive of the European Community.

Medical Devices may be affected by mobile RF communications equipment including cellular telephones and other personal or household devices not intended for medical facilities. It is recommended that all equipment used near the Vitalograph product comply with the medical electromagnetic compatibility standard and to check before use that no interference is evident or possible. If interference is suspected or possible, switching off the offending device is the normal solution, as is required in aircraft and medical facilities.

Medical electrical equipment needs special precautions regarding EMC and needs to be installed and put into service according to the EMC information provided.

Portable and mobile RF communications equipment can affect medical electrical equipment.

20. FDA Notice

Caution: Federal Law restricts this device to sale by, or on the order of a physician.

21. Regulatory Information

Product: Model 7000, Spirotrac

Vitalograph hereby ensures and declares that the above product associated with these Instructions for Use, is designed and manufactured in accordance with the following QMS regulations and standards:

- European Medical Devices Directive {MDD} 93/42/EEC, as amended.
This device is classified as IIa per Annex IX of the MDD also meets the provisions of the Essential Requirements, Annex I, via compliance with Annex II of the Medical Devices Directive as per Article 11, section 3a, excluding point 4 of Annex II.
- EN ISO 13485 Medical devices. Quality management systems. Requirements for regulatory purposes.

Certifying Body: British Standards Institute (BSI).

BSI Notified Body #: 2797

Certificate Nos. CE 00772, MD 82182



Signed on behalf of Vitalograph (Ireland) Ltd.



Frank Keane.

CEO, Vitalograph Ltd.

22. Guarantee

Terms of Guarantee

Subject to the conditions listed below, Vitalograph Ltd. and its associated companies, (hereinafter called the Company) guarantee to repair or at its option replace any component thereof, which, in the opinion of the Company is faulty or below standard as a result of inferior workmanship or materials.

The conditions of this guarantee are:-

1. This Guarantee shall only apply to hardware defects which are notified to the Company or to its accredited distributor within 1 year of the date of purchase of the equipment, unless otherwise agreed in writing by the Company.
2. Software (meaning computer software, or user installable modules) is guaranteed for 90 days from the date of purchase.
3. The Company warrants that the software when correctly used in conjunction with the hardware will perform in the manner described in the Company's literature and user manuals. The Company undertakes to rectify at no expense to the customer any software failure notified within the period stated above, provided that the failure can be recreated and the software has been installed and used in accordance with the user manual. Notwithstanding this clause, the software is not warranted to be free of errors.
4. This Guarantee does not cover any faults caused by accident, misuse, neglect, tampering with the equipment, use of consumable items or parts not approved by the Company, or any attempt at adjustment or repair other than by personnel accredited by the Company, nor does it cover reinstatement of any configuration changes caused by the installation of any software.
5. If a defect occurs please contact the supplier from it was purchased for advice. The Company does not authorize any person to create for it any other obligation or liability in connection with Vitalograph® equipment.
6. This Guarantee is not transferable and no person, firm or company has any authority to vary the terms or conditions of this guarantee.
7. To the maximum extent permitted by law, the Company does not accept liability for any consequential damages arising out of the use of, or inability to use any Vitalograph® equipment.
8. This Guarantee is offered as an additional benefit to the Consumer's statutory rights and does not affect these rights in any way.

